

Waveney Ramblers Guia de Isora 19 Santiago del Teide to Guia de Isora

Track: [GPX for SatNav](#) 8.25 Miles Updated: 2020-01-30

8.25 Miles. 420 metres (1380 ft) ascent. 741 metres (2430 ft) descent.

Catch the 460 Icod bus or the 462 to Los Gigantes via Valle de Arriba.
Get off the bus at the junction just south of Santiago del Teide. TF-82 and TF-375.
Head SE along the TF-375 for about 80 metres, then bear right, off the road into wasteland.
Head SE across this patch until you hit the footpath. Follow this south and later SE.
The footpath converges with the TF-1 and crosses under it through a tunnel.
On the east side of the TF-1, continue south to a junction and over-bridge.
Follow the sign to Arguayo, south, still close to the TF-1.
Up to now the walk has been quite level with cliffs looming in the distance.
Now the climb starts. There are a couple of alarming narrow bits but most of the path is fine.
After the antennas, continue roughly south.
Soon the path emerges with excellent views to the south.
Head SE to Arguayo and SE through the village.
The streets to follow are Calle el Carmen, Calle San Luis and then Calle San Agustin.
At the bottom of San Agustin, head SE and then east onto the footpath.
Soon there are signposts. Take the only path without a sign, SE.
Cross the canal after an ascent. Ignore the right turn soon after the canal.
Continue SE. Later the path heads south and then SE again.
The track includes a little detour to a fairly level "picnic spot" in the pine trees.
Continue south and soon SW. The path suddenly turns SE again.
Rocks lining the path indicate the way straight on is incorrect.
Continue down, roughly south and re-cross the canal.
The white substance is lime scale chipped off the original canal channels to keep them clear.
Head roughly south. Join another path and continue south to the TF-82.
Cross this main road and head down the non-obvious track on the far side, south.
Head down into Chio along Calle el Balo, SW.
Turn left into Calle San Martin. Turn right into Calle Pino del Aire.
Head south to the church. Kink right and left round the church square.
Head down Calle el Vizconte, south.
At the end of the smooth paved section, turn sharp right, west, and descend the stony road.
The road swings south again.
Follow this farm access road all the way back to Guia de Isora.
At the TF-82, turn right and endure the main road for 300 metres.
Turn left and follow the parallel road, Calle la Uva.
There is a nice looking hostelry there, Bodegon Antonio.
Back in Guia de Isora head back to the bus station by whatever route takes your fancy.
The historic centre is on the roads above the main TF-82.
There are fine views SW from the main road though.

Please support rambling and the countryside.

Join the Ramblers at

<https://www.ramblers.org.uk/>

Disclaimers and Copyrights © 2026 Waveney and District Ramblers Group

<http://waveneyramblers.org.uk/>

Sketch maps, not to scale

Crown Copyright

<http://waveneyramblers.org.uk/>

OpenStreetMap

<https://creativecommons.org/licenses/by-sa/2.0/>

<https://www.openstreetmap.org/>

Corrections:

Please mail Neil at nbauers@btinternet.com or Facebook

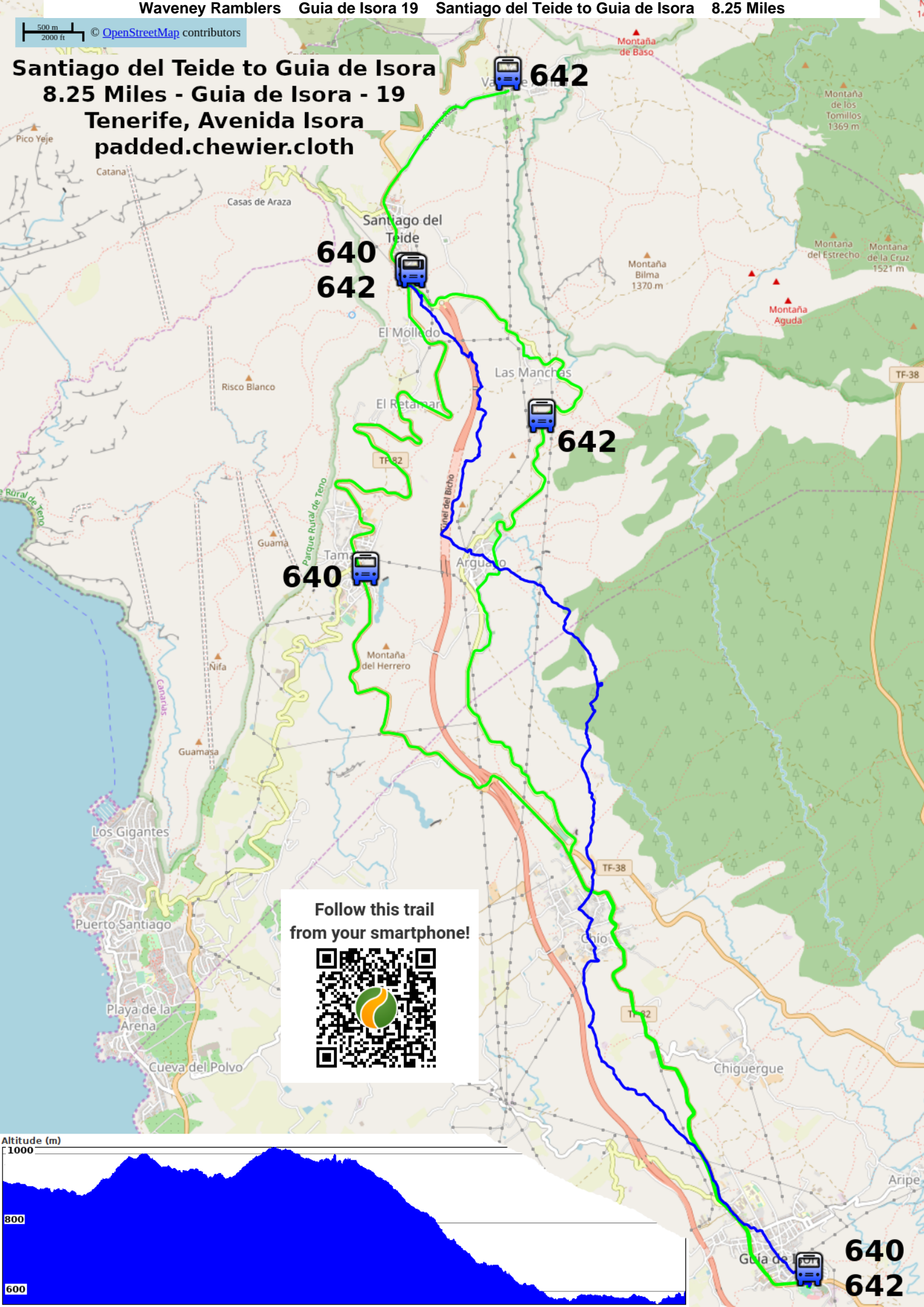
<https://www.facebook.com/nbauers/>

Santiago del Teide to Guia de Isora

8.25 Miles - Guia de Isora - 19

Tenerife, Avenida Isora

padded.chewier.cloth



Follow this trail
from your smartphone!



Altitude (m)

1000

800

600

640
642