Waveney Ramblers North Suffolk 5 Eye Redlingfield Occold

OS Map: X 230 Track: **TM 15127 73754 GPX for SatNav** 10.1 Miles Updated: 2020-07-06

Park in Eye, Pennings Nature Reserve. Head SE to the end of Ludgate Causeway. Near the Eye Cricket Club entrance, turn left, NE, onto a tree-lined path. Ignore a footpath, right. Turn right, SE, onto Fiddler's Lane, tarmac. At Cock's Road, bear left and cross over. Don't enter the farm. Turn right, east, fence right, later both sides. Continue east, fence left, hedge right. Cross a sleeper bridge and turn left, north, hedge left. After 25 metres turn right, east, no hedges. Continue east, hedge right. Kink right and left across a ditch. Continue SE, hedge left. Ignore turnings off. Continue roughly east, hedge left and later trees both sides. Continue east on a woodland path. Continue east, trees left. Turn right, south, onto tarmac. The road soon bends left, SE.

At Street Farm continue SE and soon south on tarmac. The tarmac ends. Continue south on a gravel track. The gravel track ends. Head SE through the hedge gap and cross the open field diagonally. Aim for the black roofed building. Near the black roof, turn right, south, fence left. Cross a footbridge and continue south, hedge right. At the bottom of the dip, kink right and left over the ditch and continue east of south across an open field. Steer 164° if the path has not been reinstated. Cross a footbridge and turn left, east, hedge left. At a finger post, turn right, south, across an open field. Turn left, east, hedge right, downhill. Drop down and turn right, south, on tarmac towards Redlingfield.

Merge with Low Road and head SW. At a grassy triangle with a phone box, bear left, south towards Bedingfield and Debenham. Ignore a left turn and continue south on tarmac towards Bedingfield and Debenham. Turn right, SW, across an open field on bearing 280°. Aim for a small wind turbine at 1 o'clock. Go through a gap and cross the ditch with a missing bridge. Head west, 264° across the open field, wind turbine at 11 o'clock. Close to the wind turbine, head SW, diagonally across the grassy field. Cross a concrete road and continue SW towards the rusty silo in the SW corner. The path bends right, a little north of west, hedge mainly left. Turn left, SW, hedge left, ditch right. Ignore a gap into fields. Turn right, NW, onto a tree-lined path for 1500 metres. Continue NW on a wider track and cross under power lines. Ignore the main track when it goes off left. Kink right and left to continue NW on a lesser track. Ignore a footpath right. After farm buildings and a moat on the right, turn left, west, farm buildings left. Head west across three fields, barns ahead in the distance. In the last field, at a finger post, turn left, SW, and cross the field diagonally. Kink right and left across the tarmac road, then head west on a grassy track.

Near play equipment and later a pond, keep left, houses and fences left. Turn left, SW, into Church Lane. At Church Street, turn left, SE. Optionally visit Saint Michael and All Angels. Turn right into the car park of the Beaconsfield Arms (refreshments) and head SW. In the community centre car park, turn right, between the oil storage tank and the centre. Turn left and head SW, behind the centre building. Head SW across an open field and aim for the power pole. At the power pole, turn slightly left and aim towards the Mendlesham TV transmitter mast. Turn right, west, onto tarmac, research centre left. Turn right, NE, along the B1077. Turn first left, towards Lowgate, NW, house right. The track kinks right and left. Continue NW. After woodland, right, don't follow the track when it bends right. Continue NW across the open field. This path had not been reinstated. Steer 300°. Go through a hedge gap, down a steep bank, and rejoin the original track, NW. Head down the slope and turn right, NE, onto tarmac for 1km.

When the tarmac is bending right, east, turn left off the road, NW and soon north. Follow this concrete lane north between buildings and later towards a farm. Follow the right of way right through the middle of the farm or use an alternative track which turns right and follows the farm perimeter. Where the options rejoin, head NE, hedge left, downhill. At the bottom, bear left, NW, trees both sides. Ignore field entrances left and right. Continue ahead on a grassy tree-lined path which bends right, north. Ignore a path, left. Continue north and soon right, NE. There are good views over the river Dove valley. Cross the B1077 and head NE on a footpath, passing the giant tree stump carving. Turn left, NW, along Ludgate Causeway. Ignore a footpath, right. Turn left into the Pennings Nature Reserve car park.

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