Waveney Ramblers Waveney Way 9 Bungay and Mettingham

Track: TM 33752 88760 GPX for SatNav 6.3 Miles Updated: 2024

Park and meet in or near the lay-by beside Hillside Road West, Bungay. Head NE along Hillside Road West.

Cross the A144 and head east along Hillside Road East, towards Beccles.
Cross a stream. Just before the Co-op exit road, turn right, SE, along a footpath.
When the footpath joins Joyce Road and Meadow Road, head right, SE and again, right, SE.
Head SE past the children's playground to the end of the road.
Go SE through the gate through the meadow or, to avoid the cattle, use the parallel path slightly to the left, fence right.
Go SE through the gate at the far end of the meadow. The two paths re-join.
After one field, turn left, NE, hedge left and head uphill. Go through the gate.
Cross Annis Hill (tarmac) and continue NE, along Vicarage Lane.
After the farm buildings there are good views, left, over the Waveney valley.
(A short detour, left, along the Angles Way will give even better views from the hilltop.)
At the bungalow and lamp post, turn right, SE, away from the views. This path can be a running stream.
The route crosses Rectory Lane, SE, and heads into a leafy path, trees both sides (not the field perimeter).
This path bends right, south. At Castle Road, turn right, west.
Head past the Mettingham Castle ruins. At the Y-junction, bear left, west, along New Road.
At the T-junction, turn left, SE, along Lodge Road.
At the first house turn right, SW, and head along the sunken Scotchman's Lane.
Often this can be so overgrown that you have to use the parallel field perimeter, hedge left.
At the bottom of the valley, bear left, roughly south, along another leafy path with trees on both sides.
If this is overgrown, follow the parallel field perimeter, hedge left.
Cross a sleeper bridge. Cross the A144. Kink left and right and follow the footpath south, ditch left.
Follow the field perimeter, hedge right, south, then west and soon SW. Continue hedge right when path kinks right/ left.
At the next field boundary, don't follow Shoe Devil Lane. Continue SW, hedge right to the footbridge.
Turn right over the bridge and head NW across the open field maintaining a constant distance from the hedge, left.
Closer to the exit gap, a finger post might become visible in the trees. Head NW along the woodland path.
Continue NW, hedge left. Before the end of the field, turn left over a sleeper bridge and over a stile into a pasture.
Head NW across the pasture, hedge left. Leave by the metal gate in the NW corner. Turn left, SW, along tarmac.
At the crossroads, go straight ahead, SW, on tarmac.
Just after the fourth (ish) telephone pole, near the end of a clump of trees, head right, north, through the gap.
Cross the sleeper bridge.
Head north across the open field, later hedge left. Cross another sleeper bridge and continue north, no hedges.
Head north over a cross track into a sunken path, often wet and sometimes overgrown, sometimes a stream.
Follow the sunken path to Saint Margaret's Road. At the tarmac, turn left, north,

At Hillside Road West, turn right to return to the lay-by.

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