Waveney Ramblers Lowestoft 9 Carlton and Gisleham

Track: **TM 50996 89369** **GPX for SatNav** 6.5 Miles Updated: 2018

Head west along the Fairhead Loke bridleway near the post box in Rushmere Road.
After the farm buildings and paddocks, the track kinks left and right and continues roughly SW, hedge left.
Cross a sandy track. Continue straight on, roughly SW, hedge left.
After power and telephone lines, at a small patch of woodland, turn left and head south, hedge left.
At Rushmere Road, turn right onto the tramac and follow the road SW. Use the parallel bridleway if it's clear.
Avoid busy times as Rushmere Road carries significant traffic.
Turn left into Blower's Lane, SE, then right onto a footpath up the drive of the first house.
Head SW into the field without getting too close to the house.
The right of way skirts the field perimeter, hedge and fence, right. There may be a shorter diagonal path.
The round towered church will be on your right. Continue SW, hedge right.
(Optionally stay on Rushmere Road and pass north of the church. Turn left 80 metres after the churchyard.)
At the end for the field, turn left and head SE for 500 metres. No hedges. Wind turbines are in view ahead.
The path bends left, east, hedge left.
The path bends right, south, hedge right, soon passing woodland to the left.
Continue south on the tarmac crossing under power lines. There are mature trees on both sides.
Close to the Hollies Farm, turn left and head east along Black Street for 500 metres towards Lowestoft.
When the tarmac bends right, south, at Stone Cottage, continue east along Primrose Lane (Path and Track).
Go up the drive of Stone Cottage, bear left and take the right hand of two paths, uphill, close to the boundary fence.
At the corner of the garden, the path kinks right and left. Head east, uphill along Primrose Lane, hedge left.
The wind turbines are now ahead to the right.
The path joins a larger farm track. Continue east.
When the farm track bends left towards three small turbines, turn off and continue east on a much smaller path.
The path bends right after a hidden reservoir and heads SE into Sandy Lane and back to Black Street.
The big turbines are straight ahead.
At the tarmac, converted phone box and letter box, turn left and head NE along Black Street.
Head to the junction with a bus shelter. This is the half way point for a banana break.
Cross the road and head NE across the field, ditch right, no hedges, later hedge right. Converge with the busy A12.
After 600 metres there is a T junction in the path. Head NW, uphill, away from the A12, hedge left.
The path kinks left and right, hedge now on the right, Head NW.
Don't cross the wooden bridge. Continue roughly north, hedge right.
After a short woodland tunnel continue north. Cross a sleeper bridge.
Kink right and left and head north, ditch left across a field. The path was blocked by rapeseed when this was written.
At the farm perimeter track, turn right and head east for 150 metres.
Turn left and head north following the field perimeter, ditch right.
Cross a sleeper bridge, head NE, ditch left. The path bends north and continues ditch left all the way to Church Road.
At the tarmac, turn left onto Church Road and head west to another round towered church.
Just before the church, turn right into the churchyard and head a little west of north. The church will be on your left.
Follow the right perimeter of the cemetary.
Go through the gap and follow the field perimeter, hedge right, roughly north.
The path kinks right and left and continues roughly north, hedge left.
Cross three more fields in the same direction, aiming for a grey brick house with a grey roof. Cross two stiles.
At The Street, turn left and head SW for 130 metres.
Turn left into Rushmere Road and return, south, to the starting point.

The Carlton Crown, for refreshments, is a mile north of the start point.

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Carlton and Gisleham
6.5 Miles - Lowestoft - 9
Carlton, Fairhead Loke
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