Lowestoft 7 Carlton and Mutford Waveney Ramblers

Track: TM 50616 90304 **GPX for SatNav** 7.5 Miles Updated: 2018

Start down Hedley Lane immediately to the north of the Transport Museum, passing cottages on your left. Enter the field keeping the wood on your right. Continue straight ahead across an open field and, after crossing a farm lane, continue straight ahead again, across another field, to reach the left hand edge of the hedge opposite. Go through the gap at the corner and, keeping the hedge on your left, continue along the headland for about 150m. Turn half right across the field aiming for the field gate roughly halfway down the far side. If the field crossing is unclear or obstructed by crops, continue along the wide field edge and round to the right as far as the field gate, to join a road on which you turn left: note that at the time of writing OS maps show exit from the field 100m further along the road and not at this (authorised) diversion.

Pass Wood Farm on the left and take the signed footpath on the left immediately before Mutford Wood Cottage. Go between the workshop and garage, through the garden, and then along the field edge with the hedge on the left. Turn right at the corner and, within a short distance, turn left over the footbridge into the wood. Follow the wide track straight ahead and cross another footbridge into a field. Maintain the same direction along the field edge and, after about 175m, turn right and follow another hedge on your right as far as the road. Turn left here along the permissive bridleway just inside the field to the top of the hill and cross straight over the road(*). Go left up the wide verge and, after a few paces, take the bridleway ahead, as the road curves round to the right, until facing a T-junction of paths. At this point turn left for the shorter walk (#) or right for the longer.

Continuing on the longer walk with the hedge on the left, go through a gate with the hedge now on the right, pass behind a barn and traverse the garden to reach a road. Turn right and, on reaching the church gate, walk through the churchyard and exit by the main gate. Cross the road and continue straight ahead, first along a field boundary and then across an open field. On reaching another road turn right and shortly left to follow a footpath to the A146 Lowestoft to Beccles road, Here turn right (a footpath across the road leads directly to the clearly visible Swan Inn where you can get lunch). Follow the A146 for about 300m and take the footpath to the right into the churchyard. Bear to the left of the church and then, at its northeast corner, join the path between a hedge and a fence with the graveyard on the right. Cross a footbridge and follow the field edge with the hedge to the left, and then soon another bridge to put the hedge on the right. Follow it to the road and turn left to Mutford Wood Cottage. Re-enter the footpath, now immediately beyond the cottage, and retrace the route to the T-junction of paths where the long and short walks diverge. (#) Both walks now follow the same path back to the start.

Turn left and follow the track, keeping straight ahead except for a short left and right zig-zag near Carlton Colville. On reaching Rushmere Road, turn left and continue in the same direction down Hall Road (where Rushmere Road turns sharp right). At the T-junction outside the school, keep straight ahead along the metalled footpath and on down Chapel Road to the start.

(*) The (fairly recent) permissive bridleway avoids a section of narrow road, with a blind bend at each end, shown on the original walk publication.

