

# Waveney Ramblers Waveney Bounds 1 0.1 Rural Rambles - Waveney Bounds 1 to 20

OS Map: X 230, 231 Track: [TM 24453 83475](#) [GPX for SatNav](#) 155/333 Miles Updated: 2024

WALKS 01 to 20 - Volume 1 - Beccles, Halesworth, Laxfield, Aspell and Stowupland.

WALKS 21 to 40 - Volume 2 - Stowupland, Elmswell, Old Buckenham, Tacolneston, Woodton and Beccles

In the 2024 July general election, the new Waveney Valley, UK Parliament Constituency, voted for the first time.

This 155 mile linear walk starts from Beccles and goes clockwise approximately following the boundaries of the wards that form the constituency. By making 40 circular routes, the distance is about 333 miles. This walk revisits the historical tradition of "Beating the Bounds" by staying as close as possible to the perimeter.

[https://en.wikipedia.org/wiki/Beating\\_the\\_bounds](https://en.wikipedia.org/wiki/Beating_the_bounds)

Walks 1 to 18 are useable. 19 and up are subject to recce. In rural areas, finding a place to park is not easy.

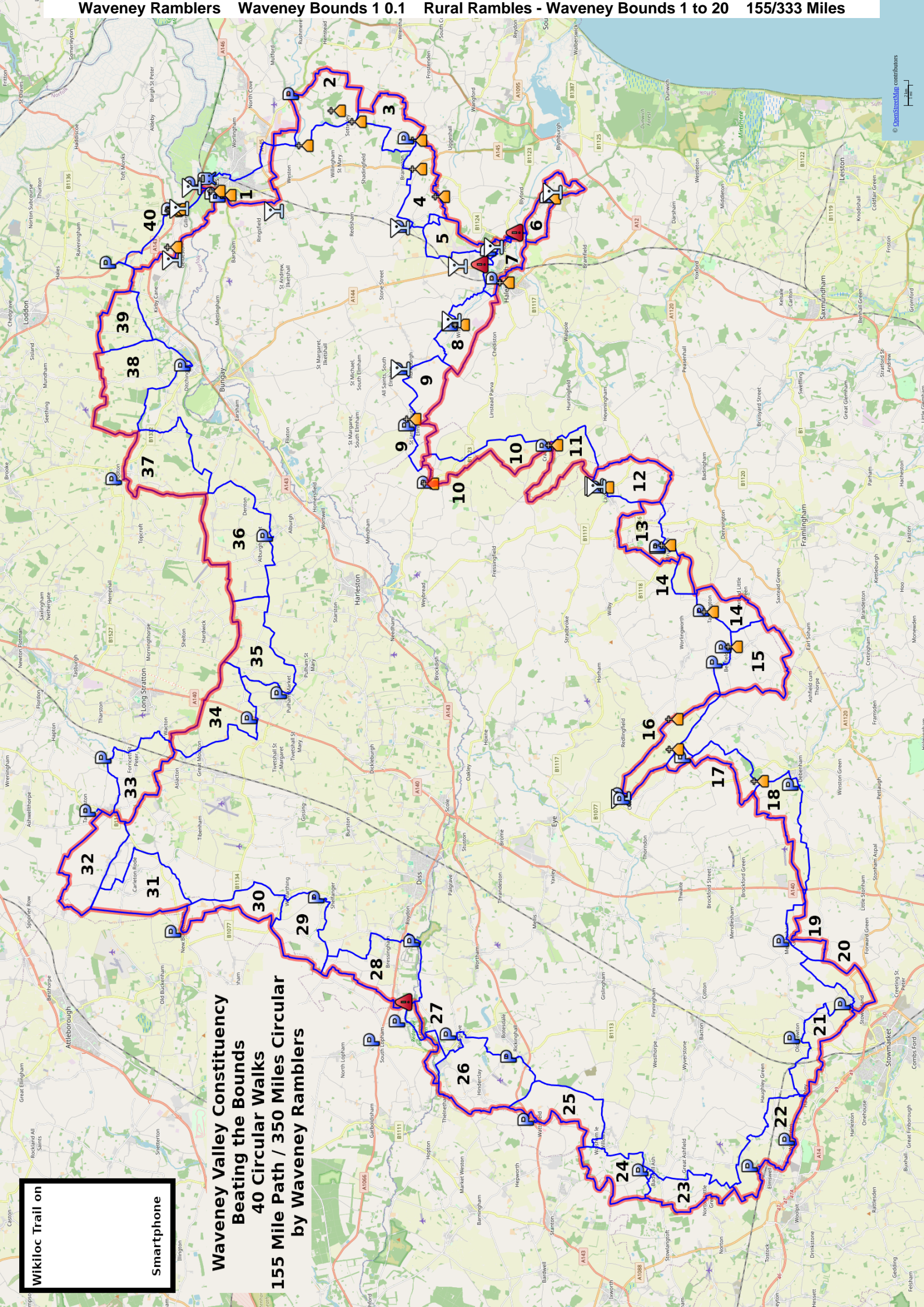
- 01 Beccles and Ellough - 10.1 Miles
- 02 Ellough, Hulver and Sotterley - 7.8 Miles
- 03 Sotterley and Stoven - 7 - Miles
- 04 Stoven, Westhall Brampton - 8.4 Miles
- 05 Holton and Upper\_Holton - 7 Miles
- 06 Mells and Wenhaston - 6.6 Miles
- 07 Holton and Halesworth - 5.8 Miles
- 08 Wissett - 7.6 Miles
- 09 Saint James and Rumburgh - 9.2 Miles
- 10 Metfield - 10 Miles
- 11 Cratfield - 8 Miles
- 12 Laxfield - 6 Miles
- 13 Brundish and Owls Green - 7.3 Miles
- 14 Saxtead Little Green and Tannington - 8.7 Miles
- 15 Monk Soham and Bedfield - 8.6 Miles
- 16 Occold, Bedingfield and Southolt - 9.4 Miles
- 17 Bedingfield and Aspell - 8.8 Miles
- 18 Debenham - 9.3 Miles
- 19 Mendlesham Green - 6.8 Miles
- 20 Mendlesham Green and Stowupland - 8.4 Miles

DISCLAIMER: Waveney Ramblers tries to stay on rights of way and keep safe. These maps are a "best effort" to document our routes. There may be errors, especially if paths have not been reinstated or signposted. Local conditions change from day to day and with the weather and seasons. Paths get diverted or closed. A safe walk today could become unsafe tomorrow. Please rely on your own common sense. Use these guides as a starting point and not as Biblical authority. As always the main danger is road traffic. Railway crossings are safe by comparison. This guide was started in 2024 and is not complete.

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Wikiloc Trail on Smartphone

Waveney Valley Constituency  
Beating the Bounds  
40 Circular Walks  
155 Mile Path / 350 Miles Circular  
by Waveney Ramblers