

# Waveney Ramblers Waveney Bounds One 0.1 Rural Rambles - Waveney Bounds 1 to 21

Track: [TM 24453 83475](#) [GPX for SatNav](#) 168/345 Miles Updated: 2024

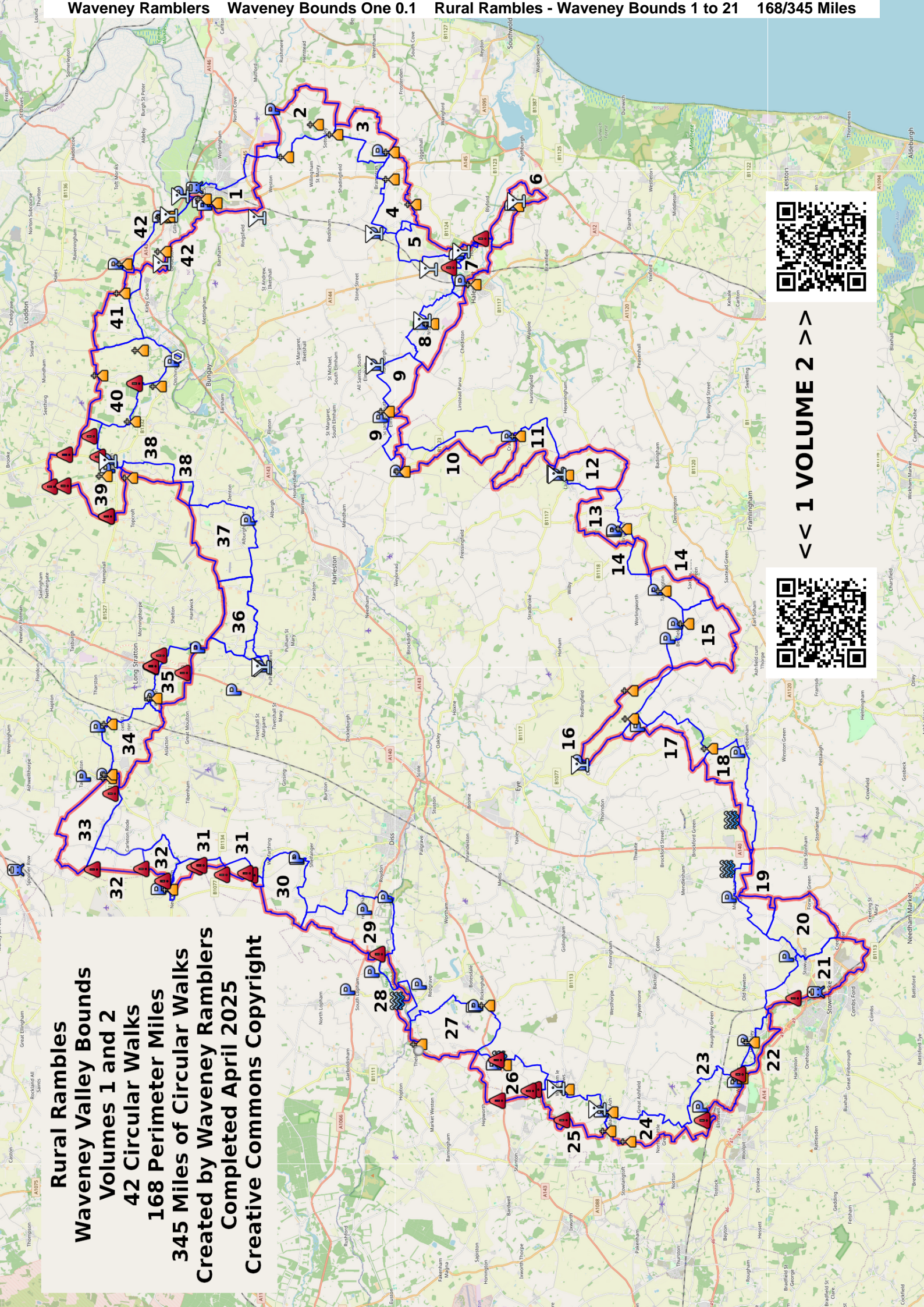
WALKS 01 to 21 - Volume 1 - Beccles, Halesworth, Laxfield, Aspall and Stowupland - COMPLETE

In the 2024 July general election, the new Waveney Valley, UK Parliament Constituency, voted for the first time. This 168 mile circular walk starts from Beccles and goes clockwise approximately following the boundaries of the wards that form the constituency. By making 42 circular routes, the distance is about 345 miles. This walk revisits the historical tradition of "Beating the Bounds" by staying as close as possible to the constituency perimeter. The walks prioritise, safe, pleasant and interesting routes, proximity to the boundary of the Waveney Valley constituency, footpaths and unsurfaced tracks and country lanes. The walks aim to avoid traffic, "B" roads and "A" roads, last resort.

- 01 Beccles and Ellough - 10 Miles - Plenty of parking.
- 02 Ellough, Hulver and Sotterley - 7.8 Miles - Very limited parking.
- 03 Sotterley and Stoven - 7 - Miles - Almost nowhere to park. Try Sotterley Chapel.
- 04 Stoven, Westhall Brampton - 8.4 Miles - Plenty of parking on Stoven Common.
- 05 Holton and Upper\_Holton - 7 Miles - Street parking in Holton.
- 06 Mells and Wenhaston - 6.6 Miles - Plenty of parking at Wenhaston Playing Fields.
- 07 Holton and Halesworth - 6 Miles - Street parking in Holton.
- 08 Wissett - 7.6 Miles - Plenty of parking.
- 09 Saint James and Rumburgh - 9.2 Miles - Village hall parking at Rumburgh or Saint James.
- 10 Metfield - 10.1 Miles - Limited street parking.
- 11 Cratfield - 8 Miles - Space for a few cars at the church.
- 12 Laxfield - 6 Miles - Street parking.
- 13 Brundish and Owls Green - 7.3 Miles - Saint Lawrence church has a big car park.
- 14 Saxtead Little Green and Tannington - 8.7 Miles - A tiny lay-by close to the church.
- 15 Monk Soham and Bedfield - 8.6 Miles - Try the village hall or Saint Nicholas church.
- 16 Occold, Bedingfield and Southolt - 9.4 Miles - Street or village hall parking.
- 17 Bedingfield and Aspall - 8.8 Miles - Street parking. It's narrow and there are few spaces.
- 18 Debenham - 9.3 Miles - The Sports and Leisure centre has a good car park.
- 19 Mendlesham Green - 8.2 Miles - Plenty of street parking.
- 20 Mendlesham Green and Stowupland - 7.4 Miles - Plenty of street parking.
- 21 Stowmarket, Gipping River Path - 9.7 Miles - Plenty of street parking.

DISCLAIMER: Waveney Ramblers tries to stay on rights of way and keep safe. These maps are a "best effort" to document our routes. There may be errors, especially if paths have not been reinstated or signposted. Local conditions change from day to day and with the weather and seasons. Paths get diverted or closed. A safe walk today could become unsafe tomorrow. Please rely on your own common sense. Use these guides as a starting point and not as Biblical authority. As always the main danger is road traffic. Railway crossings are safe by comparison. This guide was first completed in December 2024.

**Rural Rambles**  
**Waveney Valley Bounds**  
**Volumes 1 and 2**  
**42 Circular Walks**  
**168 Perimeter Walks**  
**345 Miles of Circular Walks**  
**Created by Waveney Ramblers**  
**Completed April 2025**  
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<< 1 VOLUME 2 >>

