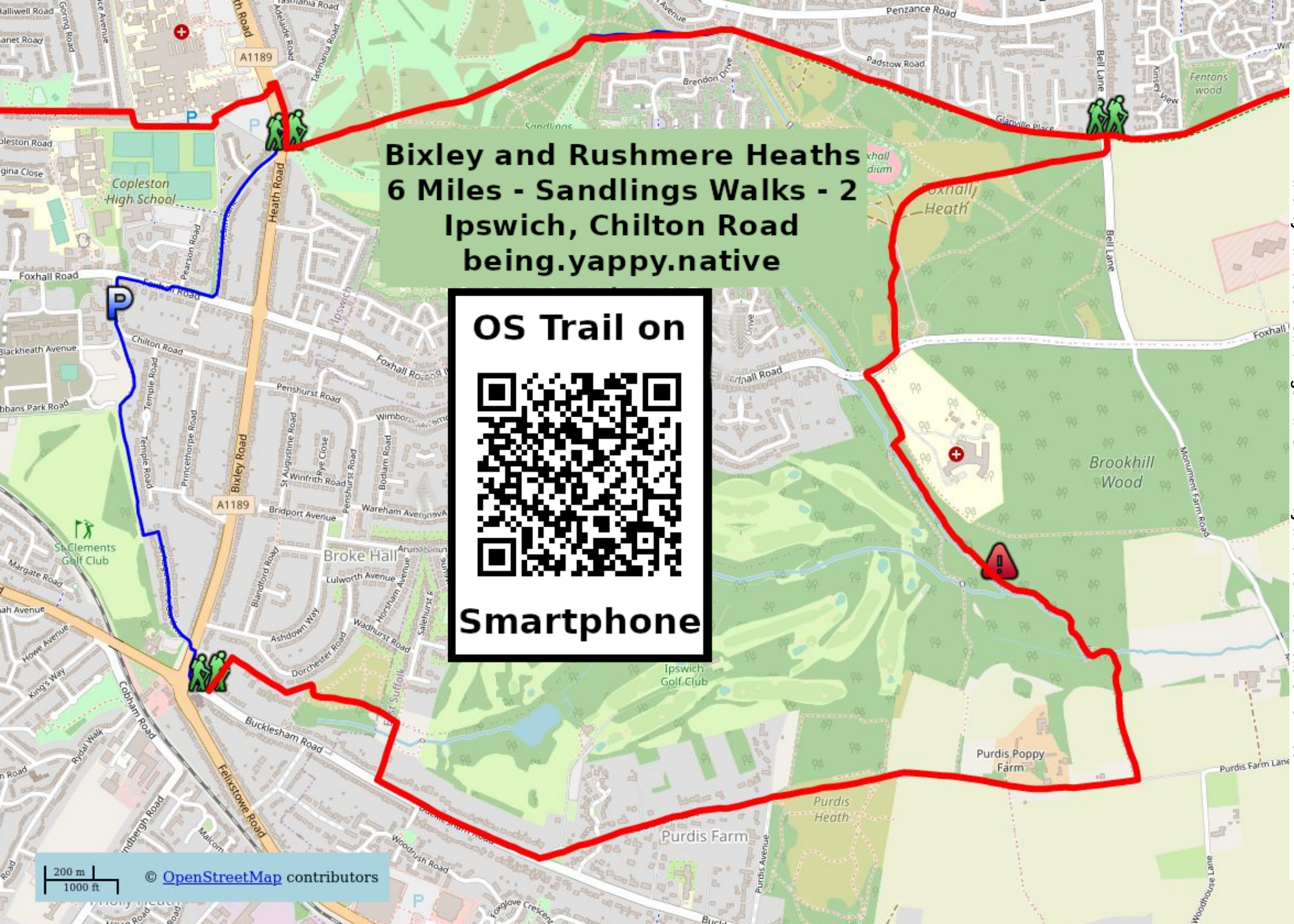
Waveney Ramblers Sandlings Walks 2 Bixley and Rushmere Heaths

Track: **TM 19207 43983** **GPX for SatNav** 6 Miles Updated: 2018

The Sandlings Walk has two start points. This walk visits both.

Park in Chilton Road (street parking).
Head south on a narrow footpath emerging in St. Augustines Gardens.
At the A1189, turn right and head south, crossing at the pelican lights.
At the roundabout, turn left, SE, along Bucklesham Road for 50 metres.
Turn left, NE, into an alley footpath leading to Bixley Heath.
This is the start of the Sandlings Path.
Follow this path NE and soon SE, with a few wiggles.
At a pond, turn right, south to rejoin Bucklesham Road.
Head left, SE, along Bucklesham Road.
At the Golf Course entrance, turn left, NE, along Purdis Farm Lane.
Follow this lane for a mile, then turn left, north, field right.
The path enters woodland and drops down to wooded marshland.
Follow the boardwalk NW with a few wiggles.
The boardwalk is passable but overdue for repair.
After the boardwalk, the route kinks right and left and continues NW.
At Foxhall Road, turn right, NE, for 100 metres along the road.
Turn left, north, into woodland. The path emerges near Foxhall Stadium.
Bear right, NE, and cross the zone used for car boot sales.
The right of way was blocked by temporary fences but alternatives were available.
Head roughly east to Bell Lane. At the road, turn left, north for 40 metres.
Turn left again and head west along the other Sandlings Path. This is well signposted.
After nearly a mile, the path bends slightly left, SW.
Cross Rushmere Heath and the golf course taking care to avoid flying balls.
At the west end of the heath, you reach the other Sandlings Path start point.
Cross the A1189 and head SW along Heath Lane.
There's a pelican crossing nearby if it's busy.
Turn right, west, along Foxhall Road for 270 metres.
Turn left, south into Chilton road and return to your parking place.

Please support rambling and the countryside. Join the Ramblers at https://www.ramblers.org.uk/
Disclaimers and Copyrights © 2026 Waveney and District Ramblers Group http://waveneyramblers.org.uk/
Sketch maps, not to scale Crown Copyright http://waveneyramblers.org.uk/
OpenStreetMap https://creativecommons.org/licenses/by-sa/2.0/ https://www.openstreetmap.org/
Corrections: Please mail Neil at nbauers@btinternet.com or Facebook https://www.facebook.com/nbauers/



Waveney Ramblers Sandlings Walks 2 Bixley and Rushmere Heaths 6 Miles