



Waveney

Walks and Events from July 2nd 2023 Print or Save as PDF

Please check for additions, cancellations or changes before setting out.

<https://waveneyramblers.org.uk/programme>

Please phone Neil if you need a printed copy. 07411 811 093

Mon 3 Jul	Dunwich Evening Walk ⓘ	X 231 - 5 Miles
19:00 pm	Meet Chris at Dunwich Forest, Fire Road 43, Frederick's Mount TM 46138 71224 snoozing.ripples.defected IP17 3ED 01502 714812 Same start point. Different route. Registered assistance dogs only please.	
Wed 5 Jul	Westleton ⓘ	X 231 - 5.5 Miles
10:30 am	Meet Alison at Westleton, Duck Pond, Baker's Lane TM 44095 69151 depth.dodging.folds IP17 3AH 01502 723988 07729 472424 Registered assistance dogs only please.	
Sun 9 Jul	Volunteer Needed ⓘ	
	Meet TBC at To Be Confirmed, ===== Volunteer Needed ===== Registered assistance dogs only please.	
Wed 12 Jul	Homersfield and Alburgh ⓘ	X 230, 231 - 5.6 Miles
10:30 am	Meet Neil at Homersfield, Lay-By, B1062 TM 28707 85757 crinkled.brave.gamer IP20 0EX 07411 811093 Registered assistance dogs only please.	
Sun 16 Jul	Frostenden and Uggeshall ⓘ	X 231 - 10 Miles
10:00 am	Meet Debbie at Frostenden, Lay-By, A12 (toilets) TM 48391 81833 outhouse.romance.patrol NR34 7HR 07905 948884 Please bring your own picnic lunch. Registered assistance dogs only please.	
Wed 19 Jul	Ringsfield to Redisham ⓘ	X 231 - 6 Miles
10:00 am	Meet Peter (C) at Ringsfield, Village Hall, Ringsfield Corner, Church Road TM 40893 87347 goose.tragedy.dips NR34 8NT 07974 782061 Registered assistance dogs only please.	

- Sun 23 Jul Eye and Denham Street ⓘ X 230 - 8 Miles**
10:30 am Meet Neil at Eye, Pennings Nature Reserve, Ludgate Causeway
 TM 15127 73754 yummy.jumbo.forgives IP23 7NH 07411
 811093
 Picnic Lunch Shorter walks available. Please [download PDF RR Guide](#) for full details. Registered assistance dogs only please.
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- Mon 24 Jul A Walk In Waveney - BOOKING REQUIRED ⓘ OL 40 - 2.5 Miles**
11:45 am Meet N/A at Carlton Marshes, Burnt Hill Lane
 TM 50891 91912 outgrown.gaps.pipe NR33 8HU
 Please join us for refreshments at the Visitor Centre. #####
[POSTER AND BOOKING INFORMATION #####](#) - Tickets are free.
 This is an "NIHR ARC East of England" event linking the NHS,
 Universities, Local Authorities, Charities, and Industry Partners.
 Donations to the wildlife centre are optional but would be very
 welcome.
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- Wed 26 Jul Weybread Area ⓘ X 230, 231 - 5.5 Miles**
10:30 am Meet Tony at Harleston, Grinders Lane, off B1116 South of
 Harleston
 TM 24672 81584 nutrients.forgiving.vegans IP21 5UB
 01986 875694 07836 719163
 Registered assistance dogs only please.
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- Sun 30 Jul Volunteer Needed ⓘ**
 Meet TBC at To Be Confirmed,
 ===== [Volunteer Needed](#) ===== Registered assistance dogs only please.
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- Wed 2 Aug Volunteer Needed ⓘ**
 Meet TBC at To Be Confirmed,
 ===== [Volunteer Needed](#) ===== Registered assistance dogs only please.
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- Sun 6 Aug Somerleyton and Lound ⓘ OL 40 - 7.5 Miles**
10:30 am Meet Emma at Somerleyton, Village Hall, The Street
 TM 48195 97080 rules.blackbird.bristle NR32 5QB 07550
 078569 Evenings only
 Registered assistance dogs only please.
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- Wed 9 Aug Beccles Rural Rambles 11 Wade Hall ⓘ X 231, OL 40 - 5 Miles**
10:30 am Meet Margaret W at North Cove, St Botolph's, By Three
 Horseshoes
 TM 46119 89343 dusty.intestine.impulse NR34 7PH
 07914 057678
 Carol is a joint leader. There is a 3.5 mile shorter option.
 Registered assistance dogs only please.
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- Sun 13 Aug Volunteer Needed ⓘ**
 Meet TBC at To Be Confirmed,
 ===== [Volunteer Needed](#) ===== Registered assistance dogs only please.
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- Wed 16 Aug Volunteer Needed ⓘ**
 Meet TBC at To Be Confirmed,
 ===== [Volunteer Needed](#) ===== Registered assistance dogs only please.

Thu 17 Aug	Committee Meeting ⓘ	
19:00 pm	Meet N/A at N/A,	
Sun 20 Aug	Lowestoft, Coast and Woods ⓘ	OL 40 - 6 Miles
14:00 pm	Meet Emma at Lowestoft, Whapload Road, Sparrow's Nest TM 55224 94536 super.loaded.forest NR32 1UL 07550 078569 Evenings only Registered assistance dogs only please.	
Wed 23 Aug	Volunteer Needed ⓘ	
	Meet TBC at To Be Confirmed, ===== Volunteer Needed ===== Registered assistance dogs only please.	
Sun 27 Aug	Volunteer Needed ⓘ	
	Meet TBC at To Be Confirmed, ===== Volunteer Needed ===== Registered assistance dogs only please.	
Wed 30 Aug	Volunteer Needed ⓘ	
	Meet TBC at To Be Confirmed, ===== Volunteer Needed ===== Registered assistance dogs only please.	
Sun 3 Sep	Palgrave - Royden Fen - Wortham ⓘ	X 230 - 10 Miles
10:30 am	Meet Ann at Palgrave Community Centre, Upper Rose Lane TM 11710 78648 irrigated.panting.quoted IP22 1AP 01379 644736 07907 348480 Bring your own picnic lunch Registered assistance dogs only. More	
Wed 6 Sep	Hen Reed Beds ⓘ	X 231 - 5.5 Miles
10:30 am	Meet Alison at Reydon, St Margarets, Wangford Road. Park away from church. TM 49206 78184 jelly.look.steadier IP18 6PB 01502 723988 07729 472424 Registered assistance dogs only please.	
Sun 10 Sep	Benhall and Great Glemham ⓘ	X 212 - 11 Miles
10:00 am	Meet Debbie at Benhall, St Mary's Church, Deadman's Lane TM 37233 61899 dote.river.plodding IP17 1JL 07905 948884 Picnic lunch Registered assistance dogs only please.	
Wed 13 Sep	St Margaret St Michael and St Nicholas ⓘ	X 230, 231 - 5.25 Miles
10:30 am	Meet Paul at Saint Margaret, South Elmham, Village Hall, The Street TM 31654 83675 nutty.rattled.caravans IP20 0PN 01502 581058 07896 338904 Registered assistance dogs only please.	

Fri 15 Sep North Norfolk ⓘ**10:00 am**

Meet Neil at North West Norfolk Area,
[TF 75496 29489](tel:7549629489) exotic.consonant.shallower 07411 811093

September 2023 - Confirmed - It's on!

Book your own accommodation or make day visits. If we get fine weather, swimwear might be wanted.

10 am Starts

Please check this programme before setting out. For safety, we may swap walk dates if the weather is bad or there are other local problems.

Please check the safety advice for each walk.

September	Walk	Number	Miles
Sat 16	Holkham and Wells	1	6
Sun 17	Great Massingham	2	8
Mon 18	Sandringham Woods	3	6.2
Tue 19	Holkham Estate	4	8
Wed 20	Burnham Overy Staithe	5	9
Thu 21	Castle Acre	6	7.5
Fri 22	Dersingham and Snettisham	7	8.6
Sat 23	Hunstanton	8	7
Sun 24	Great Ouse and Nar	9	8

Local Norfolk ramblers are invited to join these walks!

Sat 16 Sep**Holkham and Wells** ⓘ**X 250, 251 - 6 Miles****10:00 am**

Meet Neil at Holkham, Park Rd, Near the gates of the hall
[TF 89155 43677](tel:8915543677) glitter.flippers.cyber NR23 1RG 07411 811093

Bring your own picnic lunch. The tide will be going out so safe sand flat walking will be possible. Registered assistance dogs only please.

Sun 17 Sep**Volunteer Needed** ⓘ

Meet TBC at To Be Confirmed,

===== **Volunteer Needed** ===== Registered assistance dogs only please.

Sun 17 Sep**Great Massingham** ⓘ**X 250 - 8 Miles****10:00 am**

Meet Neil at Great Massingham, Saint Mary, Station Road
[TF 79844 22955](tel:7984422955) prowl.kept.spindles PE32 2HX 07411 811093

Bring your own picnic lunch. This includes a very short leg along the Peddars' Way. Registered assistance dogs only please.

Mon 18 Sep	Sandringham Woods ⓘ	X 250 - 6.2 Miles
10:00 am	<p>Meet Neil at Sandringham, N.E. Car Park, 7 pounds all day TF 68930 28867 assure.handfuls.tedious PE35 6EH 07411 811093</p> <p>Bring your own picnic lunch. Shorter versions are possible. 5 or 4 miles. Local attractions: Sandringham house. Wolferton railway station. Registered assistance dogs only please.</p>	
Tue 19 Sep	Holkham Estate ⓘ	X 250, 251 - 8 Miles
10:00 am	<p>Meet Neil at Holkham, Park Rd, Near the gates of the hall TF 89155 43677 glitter.flipper.cyber NR23 1RG 07411 811093</p> <p>Bring your own picnic lunch. We'll walk round a recommended route published by the Holkham Estate. Registered assistance dogs only please.</p>	
Wed 20 Sep	Volunteer Needed ⓘ	
	<p>Meet TBC at To Be Confirmed,</p> <p>===== Volunteer Needed ===== Registered assistance dogs only please.</p>	
Wed 20 Sep	Burnham Overy Staithe ⓘ	X 250 - 9 Miles
10:00 am	<p>Meet Neil at Burnham Overy Staithe, East Harbour Way TF 84539 44381 quack.muted.pointed PE31 8JF 07411 811093</p> <p>Bring your own picnic lunch. High tide will be at about 10:30 so car park flooding is less likely. A shorter dry return route is available. Or if the tide is low enough, we can return, wading the creeks and braving the mud. Consider wearing sacrificial footwear and shorts or hitchable skirts. There are knee deep wades. Historically the beach nearer Holkham was for nudists. The current status is unknown. My recent visits have been cold and sandblasting windy. Registered assistance dogs only please.</p>	
Thu 21 Sep	Castle Acre ⓘ	X 250 - 7.5 Miles
10:00 am	<p>Meet Neil at Castle Acre, The Castle Car Park, Pye's Lane TF 81987 15229 rock.uttering.boards PE32 2AJ 07411 811093</p> <p>Bring your own picnic lunch. The castle car park is small, perhaps ten cars. There is street parking and a short walk to the castle. And there is paid parking at the Priory with a longer walk to the castle. Arrive a bit early to allow time to get to the start point. Registered assistance dogs only please.</p>	
Fri 22 Sep	Dersingham and Snettisham ⓘ	X 250 - 8.6 Miles
10:00 am	<p>Meet Neil at Snettisham Beach, Beach Road, £4, Coins Only! TF 64764 33515 wired.known.sticking PE31 7PS 07411 811093</p> <p>Bring your own picnic lunch. Expect a watermill and a disused railway station. Registered assistance dogs only please.</p>	

Sat 23 Sep Hunstanton ⓘ X 250 - 7 Miles
10:00 am Meet Neil at Hunstanton Chapel Ruin, Cliff Parade, free street parking or PnD
[TF 67593 41970](tel:07411811093) indirect.motivator.siesta PE36 6EJ 07411 811093
 Bring your own picnic lunch. We'll do the beach leg and Hunstanton Cliffs in the morning while the tide is out. Expect shallow creek wades and beach walking. Perhaps a few metres barefoot. There is some soft sand but mostly harder ground can be found. If the weather is bad, a shorter version is available at 6.4 miles.
 Registered assistance dogs only please.

Sun 24 Sep Volunteer Needed ⓘ
 Meet TBC at To Be Confirmed,
 ===== [Volunteer Needed](#) ===== Registered assistance dogs only please.

Sun 24 Sep Great Ouse and Nar ⓘ X 250 - 8 Miles
10:00 am Meet Neil at Kings Lynn, NCP, Church Street, £6.50
[TF 61841 19792](tel:07411811093) caring.closes.cuts PE30 5EB 07411 811093
 Bring your own picnic lunch. Our route was blocked so we followed the nearest reasonable alternative. Registered assistance dogs only please.

Sun 24 Sep Great Ouse and Nar ⓘ X 250 - 8 Miles
10:00 am Meet Neil at Kings Lynn, NCP, Church Street, £6.50
[TF 61841 19792](tel:07411811093) caring.closes.cuts PE30 5EB 07411 811093
 Bring your own picnic lunch. Our route was blocked so we followed the nearest reasonable alternative. Registered assistance dogs only please.

Wed 27 Sep Ilketshall St Andrew to Becks Green ⓘ X 231 - 5.2 Miles
10:30 am Meet Peter (C) at Ilketshall St Andrews, Village Hall, School Rd
[TM 37816 86977](tel:07974782061) smuggled.puns.broadcast NR34 8JA 07974 782061
 Donation Please Registered assistance dogs only please.

Sun 1 Oct Volunteer Needed ⓘ
 Meet TBC at To Be Confirmed,
 ===== [Volunteer Needed](#) ===== Registered assistance dogs only please.

Wed 4 Oct Shotesham ⓘ X 237 - 5.5 Miles
10:30 am Meet Roger at Shotesham, St Mary Church, The Street
[TM 23769 98783](tel:01502717353) avoiding.kilt.com NR15 1AJ 01502 717353 07724 685347
 Registered assistance dogs only please.

Sun 8 Oct Volunteer Needed ⓘ
 Meet TBC at To Be Confirmed,
 ===== [Volunteer Needed](#) ===== Registered assistance dogs only please.

Wed 11 Oct Volunteer Needed ⓘ
 Meet TBC at To Be Confirmed,
 ===== [Volunteer Needed](#) ===== Registered assistance dogs only please.

Sun 15 Oct	TBC ⓘ	- 10 Miles
10:00 am	Meet Debbie at To Be Confirmed, 07905 948884 Picnic lunch Registered assistance dogs only please.	
Wed 18 Oct	Volunteer Needed ⓘ	
	Meet TBC at To Be Confirmed, ===== Volunteer Needed ===== Registered assistance dogs only please.	
Sun 22 Oct	Volunteer Needed ⓘ	
	Meet TBC at To Be Confirmed, ===== Volunteer Needed ===== Registered assistance dogs only please.	
Wed 25 Oct	Homersfield and Wortwell ⓘ	X 230, 231 - 5 Miles
10:30 am	Meet Paul at Homersfield, Lay-By, B1062 TM 28707 85757 crinkled.brave.gamer IP20 0EX 01502 581058 07896 338904 Registered assistance dogs only please.	
Sun 29 Oct	Dove Valley, Occold and Redlingfield ⓘ	X 230 - 10 Miles
10:00 am	Meet Jane at Eye, Pennings Nature Reserve, Ludgate Causeway TM 15127 73754 yummy.jumbo.forgives IP23 7NH 01379 853857 07881 405784 Yes Undulating with nice views Registered assistance dogs only please.	
Sun 29 Oct	TBC ⓘ	- 10 Miles
10:00 am	Meet Jane at To Be Confirmed, 01379 853857 07881 405784 Registered assistance dogs only please.	
Sun 19 Nov	TBC ⓘ	- 10 Miles
10:00 am	Meet Debbie at To Be Confirmed, 07905 948884 Picnic lunch Registered assistance dogs only please.	
Sun 14 Jan	Pulham St Mary ⓘ	X 230, 231 - 10.00 Miles
10:00 am	Meet Jane at Harleston, Bullock Fair, East of England Co-op. Follow Wilderness Lane, Swan Lane, Weavers Croft and Paddock Road. TM 24453 83475 doll.prancing.energy IP20 9AT 01379 853857 07881 405784 Yes Walking parts of a drovers path and Platinum route Registered assistance dogs only please.	

Internet Links

Home page: <https://waveneyramblers.org.uk/>

Programme: <https://waveneyramblers.org.uk/programme>

Rural Ramble Guides: https://waveneyramblers.org.uk/rural_ramble

Photos and Tracklogs: <https://waveneyramblers.org.uk/history>

The Committee: <https://waveneyramblers.org.uk/contact>

The Ramblers' Association: <https://ramblers.org.uk/>

Facebook: <https://facebook.com/groups/WaveneyRamblers>

Coronavirus Restrictions

We will follow Government and Ramblers' advice.
Keep up with the latest changes - <https://waveneyramblers.org.uk>

Join Ramblers

<https://ramblers.org.uk>

No Internet?

Please ask a friend or family member who has access to keep up with the latest news.

New Walkers

If you are a new walker with the group, please wear suitable clothing and footwear for the weather and the area in which you will be walking; if in doubt, contact the leader for advice. We want you to enjoy walking with us and you would do well to be comfortable while doing so. Bring a drink, especially in warmer weather, and some food, as we usually have a short 'apple' stop and, on longer walks, a 'picnic lunch' where stated.

Fitness and Walk Grades

Waveney Ramblers leads walks at a moderate and brisk pace.
If we get volunteers, we'd like to lead slower and perhaps even faster walks.

Wednesday Shorter Walks - Moderate

A typical walk is five miles and takes about two hours. That's 2.5 mph overall average and 2.8 mph while on the move. The group stops for a brief snack about half-way round the walk. Covid permitting, some of the Wednesday walkers have a pub lunch after the walk.

Sundays and Longer Walks - Brisk

A typical walk is ten miles. Our moving average pace is 3 mph, sometimes a bit more on easy terrain. The walk is completed in under four hours. We have a picnic lunch, rushed if it's cold and wet, more leisurely in fine summer weather.

Leisurely, Speedy and Doggy Volunteers Needed

There are always people who would like to go slower or faster. We'd love to increase our range and variety of walks but we rely on volunteers. If you are speedy or leisurely, please consider leading a walk. We have twelve "Rural Rambles" PDF booklets describing walks in our region. Following one of these should be easier than planning one from scratch. Dog friendly walks would be welcome if we get volunteers to lead these. We had "Prambles" but the toddlers grew up.

Rural Rambles Booklets

https://waveneyramblers.org.uk/rural_rambles

SPECIAL EVENTS IN THIS PROGRAMME

September - North Norfolk Group Holiday

November - AGM - Committee volunteers needed please.

Navigate to the Start Point

Postcodes are notorious for their inaccuracy! Avoid if you have the choice.
OS Explorer map numbers are shown before the walk milage.
Click the grid reference to launch Google Maps to navigate to the start point.
what3words locations are accurate to a 3x3 metre square. Click to see the start point.

Footpath Problems

Please report footpath problems to Suffolk County Council:

Website: <https://highwaysreporting.suffolk.gov.uk/?type=100&subtype=10010>

You will be given a reference number. Please keep this until the problem is solved. If you have any queries with either of these methods or need help, please contact Robert Newell, Waveney Ramblers' Footpath Secretary: waveneyfootpath@gmail.com

For problems in Norfolk, go to: <https://apps.norfolk.gov.uk/HighwaysDefect/> and follow the instructions.

Useful Group Contacts

The Committee: <https://waveneyramblers.org.uk/contact>

The Ramblers

The Ramblers is a registered charity (England & Wales no. 1093577, Scotland no. SC039799) and a company limited by guarantee, registered in England & Wales (no. 4458492).

Registered office: 1 Clink Street, 3rd Floor, London SE1 9DG.
