



***Waveney & District Group  
of the RAMBLERS***

# **Walks Programme**

***1st March to 30th June 2022***



The Ramblers is a registered charity (England & Wales no. 1093577, Scotland no. SC039799) and a company limited by guarantee, registered in England & Wales (no. 4458492).  
Registered office: 1 Clink Street, 3rd Floor, London SE1 9DG.

# Coronavirus Restrictions

As we go to press, the Omicron variant of coronavirus appears to be on the wane. So, currently there are no restrictions on walking in groups. Although, you don't need me to tell you that that does not necessarily mean an end to the virus.

I will endeavour to keep the Group informed as best I can, in the event of further changes to government and Ramblers' regulations, and update this Programme as and when required. However, the best way to keep up with the latest changes is to go onto the Group website at:

[www.waveneyramblers.org.uk](http://www.waveneyramblers.org.uk)

There will also be up-to-date general information on Ramblers' national site at:

[www.ramblers.org.uk](http://www.ramblers.org.uk)

If your mobile has the QR code reader app, you can click on the codes below:

**Waveney  
Ramblers**



**Ramblers'  
national  
site**



If you don't have access to the internet, please ask a friend or family member who does, in order to obtain the latest news updates, as further changes may come into place overnight. Similarly, if you know of a member who does not have internet access, please keep them in touch with what is happening in the Group.

Walk leaders, of course, have the right to change or cancel their walks, in the interest of group or personal safety. Also to add walks to the Programme, if and when desired.

**New Walkers:** If you are a new walker with the group, please wear suitable clothing and footwear for the weather and the area in which you will be walking; if in doubt, contact the leader for advice. We want you to enjoy walking with us and you would do well to be comfortable while doing so. Bring a drink, especially in warmer weather, and some food, as we usually have a short 'apple' stop and, on longer walks, a 'picnic lunch' where stated in the Walks Programme.

Generally, we are always looking for new leaders, so, if you feel that you would like to lead a walk, please let us know and we will help you to do so. We rely completely on volunteers and we'd like to encourage new leaders to offer different types of walk, such as: 'slow', 'fast', 'summer evening', 'dog-friendly', etc. The plan is to offer anything that we can get volunteers to run. We don't want members to feel excluded because they can't find a suitable walk. Meanwhile, we hope you enjoy this Programme.

## SPECIAL EVENTS IN THIS PROGRAMME

Angles Way, Little Ouse and more Waveney River walks on Thursdays/Sundays

### PLEASE NOTE

**Grid Refs** have the first three figures of eastings and northings in bold for reading on a paper map and often a further two figures in roman to assist a GPS.

**Postcodes** may lack accuracy because of the large area that some cover.

**OS Explorer map numbers** are shown in square brackets following the grid reference, unless otherwise stated.

**what3words** is the most accurate location device to date. When this reference is supplied, it will be inserted with the walk details (///).

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**Wed 2 Mar Southwold / Walberswick 5.5 miles**  
**10:00 am** Meet at Southwold Common car park, nr water towers, IP18 6AJ,  
(note time) **TM 50305 76280** [OS 231].  
Leader: Andrew 07899 074192

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**Thur 3 Mar Angles Way 1 - Thetford 8.3 miles**  
**10:00 am** Meet at Bury Road playing fields, Thetford, off A134 half a mile south of  
(note time) Thetford, IP24 3EB, **TL 867 818** [OS 229]. Picnic lunch.  
Leader: Neil 01986 893023 or 07411 811093

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**Sun 6 Mar Hopton / Lound Lakes 10 miles**  
**10:30 am** Meet at car park, S. end of Marine Parade, Gorleston, NR31 6EZ,  
**TG 530 022** [OS OL40]. Picnic lunch.  
Leader: Kate 01502 733923 or 07484 232066

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**Wed 9 Mar Reydon / Southwold 5 miles**  
**10:30 am** Meet at Reydon Church car park, IP18 6PB, **TM 491 782** [OS 231].  
Leader: Alison 01502 723988 or 07729 472424

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**Thur 10 Mar Sutton Hoo, Sandlings & Deben 10 miles**  
**10:00 am** Meet at Sutton Common car park, of B1083, IP12 3DT, **TM 306 475**,  
(note time) **///troll.jiggle.bells** [OS 197]. Lunch at Sutton Hoo picnic benches.  
Leader: Graham 07986 184716

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**Sun 13 Mar Coast & Country 7 miles**  
**10:30 am** Meet at Sparrows nest car park, Whapload Rd, Lowestoft, NR32 1UX,  
**TM 55226 94556** [OS OL40].  
Leader: Emma 07550 078569

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**Wed 2 Mar Snape / Friston 10 miles**  
**10:00 am** Meet at Snape Church car park, IP17 1QW, **TM 395 593** [OS 212]. Picnic  
(note time) lunch.  
Walk 'A' Leaders: Glenys & Peter 01502 716387

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<b>Wed 16 Mar</b> <b>10:30 am</b> Walk 'B'	<b>St Margaret &amp; St Cross areas</b> Meet St Margaret South Elmham village hall, IP20 OPN, <b>TM 316 837</b> [OS 231]. Leader: Paul 01502 581058 or 07896 338904	<b>5 miles</b>
<b>Sun 20 Mar</b> <b>10:00 am</b> (note time)	<b>Stockton / Thwaite</b> Meet at Stockton Stones lay-by on A146, NR34 OHL, <b>TM 38646 94702</b> , ///callers.ties.subway [OS 40]. Picnic lunch. Leader: Debbie 07905 948884	<b>10.5 miles</b>
<b>Wed 23 Mar</b> <b>10:30 am</b>	<b>Huntingfield Area</b> Meet at Huntingfield Arms PH, IP19 OPU, <b>TM 34164 73861</b> [OS 231]. Park at pub, if dining there, or Community Hub opposite; car-share, if possible. Leader: Tony 01986 875694 or 07836 719163	<b>5.5 miles</b>
<b>Sun 27 Mar</b> <b>10:00 am</b> (note time) <b>BST begins</b>	<b>Angles Way 2 - Elveden</b> Meet at Elveden Courtyard car park (opp. church), London Road, IP24 3TQ, <b>TL 82217 79969</b> [OS 229]. Picnic lunch or forage at Courtyard 'Food Hall'. Leader: Neil 01986 893023 or 07411 811093	<b>6.2 miles</b>
<b>Wed 30 Mar</b> <b>10:30 am</b>	<b>Mettingham Area</b> Meet at Tally Ho lay-by, off B1062 Beccles to Bungay road, NR35 1TL, <b>TM 364 900</b> [OS OL40]. Leader: Grant 07743 092850	<b>5 miles</b>
<b>Sun 3 Apr</b> <b>10:00 am</b> (note time)	<b>Angles Way 3 - Kings Forest</b> Meet at Kings Forest car park, off B1106 Brandon Road, IP28 6UY, <b>TL 82572 74871</b> [OS 229]. Picnic lunch. Leader: Neil 01986 893023 or 07411 811093	<b>8.7 miles</b>
<b>Wed 6 Apr</b> <b>10:30 am</b>	<b>Fressingfield Area</b> Meet at village car park, behind small old chapel on Chapel Close, IP21 5QQ, <b>TM 263 774</b> [OS 230]. Leader: Tony 01986 875694 or 07836 719163	<b>5.5 miles</b>
<b>Sun 10 Apr</b> <b>10:30 am</b>	<b>Oulton / Flixton</b> Meet at Normanston Park, Lowestoft, NR32 2QB, <b>TM 531 934</b> [OS OL40]. Picnic lunch. Leader: Emma 07550 078569	<b>9 miles</b>
<b>Wed 13 Apr</b> <b>10:30 am</b>	<b>Broome Heath, Old Bungay &amp; Outney Common</b> Meet Green Lane, Ditchingham, car park, NR35 2QN, <b>TM 342 912</b> [OS OL40]. Leader: Paul 01502 581058 or 07896 338904	<b>5 miles</b>
<b>Thur 14 Apr</b> <b>10:00 am</b> (note time)	<b>Angles Way 4 - Barnham</b> Meet at Barnham Village Hall, Mill Lane, IP24 2NG, <b>TL 86748 78982</b> [OS 229]. Picnic lunch. Leader: Neil 01986 893023 or 07411 811093	<b>8.3 miles</b>

<b>Fri 15 Apr</b> <b>10:30 am</b> <b>Good Friday</b>	<b>Ringsfield / Weston</b> Meet at S. end of Sandpit Lane, Ellough (park along west side of the road), NR34 7TH, <b>TM 448 884</b> , <b>///<b>skinny.face.character</b></b> [OS 231]. Leader: Emma 07550 078569	<b>7.5 miles</b>
<b>Sun 17 Apr</b> <b>10:30 am</b>	<b>no walk yet, check on:</b> <b><a href="http://www.waveneyramblers.org.uk">www.waveneyramblers.org.uk</a></b>	
<b>Wed 20 Apr</b> <b>10:30 am</b> Walk 'A'	<b>Blundeston</b> Meet and park nr Blundeston Church, NR32 5AX, <b>TM 513 972</b> [OS OL40]. Leader: Grant 07743 092850	<b>5 miles</b>
<b>Wed 20 Apr</b> <b>10:00 am</b> (note time) Walk 'B'	<b>Blythburgh / Walberswick</b> <b>&gt;&gt;&gt; NEW! &lt;&lt;&lt;</b> Meet at Blythburgh Church car park, IP19 9LL, <b>TM 45100 75240</b> , <b>///<b>plump.socialite.exulted</b></b> [OS 231]. Picnic lunch. Leaders: Glenys & Peter 01502 716387	<b>10 miles</b>
<b>Sun 24 Apr</b> <b>10:00 am</b> (note time)	<b>Southwold / Reydon</b> Meet at Southwold water towers car park, IP18 6AJ, <b>TM 503 762</b> , <b>///<b>sends.scarecrow.limo</b></b> [OS 231]. Picnic lunch. Leader: Debbie 07905 948884	<b>10 miles</b>
<b>Wed 27 Apr</b> <b>10:30 am</b>	<b>Bluebell Walk / Reydon</b> Meet at Reydon Church car park, IP18 6PB, <b>TM 491 782</b> [OS 231]. Leader: Alison 01502 723988 or 07729 472424	<b>5.5 miles</b>
<b>Sun 1 May</b> <b>10:00 am</b> (note time)	<b>Angles Way 5 - Rushford</b> Meet at The Heathlands car park, Knettishall, IP31 1HL, <b>TL 94376 80776</b> [OS 229]. Picnic lunch. Leader: Neil 01986 893023 or 07411 811093	<b>7.6 miles</b>
<b>Mon 2 May</b> <b>10:30 am</b> <b>May Day hol</b>	<b>Lound / Somerleyton</b> Meet and park at Lound Village Hall (donation), Church Lane, NR32 5LW, <b>TM 50539 98919</b> [OS OL40]. Leader: Emma 07550 078569	<b>7.5 miles</b>
<b>Wed 4 May</b> <b>10:00 am</b> (note time)	<b>Wenhaston / Mells</b> Meet at Wenhaston Sports Field car park, accessed down narrow lane alongside school, IP19 9EP, <b>TM 425 752</b> , <b>///<b>behind.kick.twit</b></b> [OS 231]. Leader: Roger 01502 717353 or 07724 685347	<b>5.5 miles</b>
<b>Sun 8 May</b> <b>10:30 am</b>	<b>Mellis Common to Wickham Skeith</b> Meet at Mellis Memorial Hall car park (or on road, if full), The Common, Mellis, IP23 8DW, <b>TM 099 746</b> , <b>///<b>unimpeded.explain.essential</b></b> [OS 230]. Picnic lunch. Leader: Ann 07907 348480	<b>10 miles</b>
<b>Wed 11 May</b> <b>10:30 am</b>	<b>Woodton</b> Meet at Kings Head PH, Woodton, NR35 2LS, <b>TM 293 940</b> [OS OL40]. Leader: Grant 07743 092850	<b>5 miles</b>

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**Thur 12 May Angles Way 6 - Knettishall** **10 miles**  
**10:00 am** Meet at The Heathlands car park, Knettishall, IP31 1HL, **TL 94376 80776**  
(note time) [OS 229]. Picnic lunch.  
Leader: Neil 01986 893023 or 07411 811093

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**Sun 15 May Thorpeness / Aldeburgh Moot Hall** **10 miles**  
**10:00 am** Meet at Leiston Leisure Centre car park, IP16 4LS, **TM 451 620**,  
(note time) **///tentacles.chef.boil** [OS 212]. Picnic lunch.  
Leader: Graham 07986 184716

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**Wed 18 May Iken Cliff & Tunstall Forest Area** **5.5 miles**  
**10:30 am** Meet at Iken Cliff picnic site & car park, IP12 2EN, **TM 399 562** [OS 212].  
Leader: Tony 01986 875694 or 07836 719163

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**Fri 20 May Deadline for sending walks details for the next Programme to Programme Secretary.**

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**Sun 22 May Barsham / Beccles – figure of 8 walk** **10 miles**  
**10:30 am** Meet at Beccles Quay (P&D) car park, NR34 9BH, **TM 42367 91133**,  
**///outer.rings.vibrating** [OS OL40]. Picnic lunch.  
Leader: Emma 07550 078569

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**Wed 25 May St James / St Cross** **5 miles**  
**10:30 am** Meet at St James South Elmham village hall, IP19 0HP, **TM 31987 81043**  
[OS 231].  
Leader: Paul 01502 581058 or 07896 338904

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**Sun 29 May Angles Way 7 - Thelnetham & Hinderclay** **8.5 miles**  
**10:00 am** Meet at Hopton Village Hall car park, Thelnetham Road, IP22 2QY,  
(note time) **TL 99442 78955** [OS 230]. Picnic lunch.  
Leader: Neil 01986 893023 or 07411 811093

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**Wed 1 Jun Rockland St Mary** **5 miles**  
**10:30 am** Meet at Rockland St Mary Staithe car park, NR14 7HP, **TG 32768 04656**  
[OS OL40].  
Leader: Grant 07743 092850

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**Sun 5 Jun Dunwich / Westleton** **10.5 miles**  
**10:30 am** Meet at Dunwich Forest Hogs Grove car park (north side of Westleton  
Road), IP17 3DZ, **TM 46743 70903** [OS 231]. Picnic lunch.  
Leader: Emma 07550 078569

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**Wed 8 Jun Covehithe Area** **5.5 miles**  
**10:30 am** Meet Green Lane, opposite Holly Grove, Covehithe, NR34 7JL, **TM 511 823**  
[OS 231].  
Leader: Alison 01502 723988 or 07729 472424

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**Thur 9 Jun**    **Angles Way 9 - Bressingham**    **8.8 miles**  
**10:00 am**    Meet at Wortham Ling West CP (The Doit Lane car park), IP22 5XR,  
(note time)    **TM 08877 79787** [OS 230]. Picnic lunch.  
Leader: Neil 01986 893023 or 07411 811093

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**Sun 12 Jun**    **Coast & Country**    **7 miles**  
**10:30 am**    Meet at Sparrows nest car park, Whapload Rd, Lowestoft, NR32 1UX,  
**TM 55226 94556** [OS OL40].  
Leader: Emma 07550 078569

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**Wed 15 Jun**    **Haddiscoe Area**    **5.5 miles**  
**10:30 am**    Meet at Haddiscoe village hall, NR14 6PN, **TM 444 969**,  
**///durations.bordering.rare** [OS OL40].  
Leader: Roger 01502 717353 or 07724 685347

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**Sun 19 Jun**    **Redisham Park**    **9.5 miles**  
**10:00 am**    Meet at Dell car park, Beccles, off Bungay Road (B1062), NR34 9LZ,  
(note time)    **TM 418 900, ///likes.gravy.dolls** [OS OL40]. Picnic lunch.  
Leader: Debbie 07905 948884

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**Wed 22 Jun**    **Dunwich Dingle Marshes**    **5 miles**  
**10:30 am**    Meet Dunwich beach car park (toilets), IP17 3EN, **TM 479 707** [OS 231].  
Leader: Paul 01502 581058 or 07896 338904

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**Thur 23 Jun**    **Angles Way 14 - Harleston & Mendham**    **7.7 miles**  
**10:00 am**    Meet at Grinders Lane, off B1116 South of Harleston, IP21 5UD,  
(note time)    **TM 24672 81584** [OS 230]. Picnic lunch.  
Leader: Neil 01986 893023 or 07411 811093

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**Sun 26 Jun**    **Redgrave & Lopham Fen Nature Reserve to Thelnetham Windmill**    **10 miles**  
**10:30 am**    Meet at Redgrave & Lopham Fen Nature Reserve visitor centre car park,  
Low Common road, South Lopham, IP22 2HX, **TM 052 802**,  
**///reverses.ignoring surfacing** [OS 230]. Picnic lunch.  
Leader: Ann 07907 348480

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**Wed 29 Jun**    **Kelsale Area**    **5.5 miles**  
**10:30 am**    Meet at Kelsale village car park, IP17 2PB, **TM 387 649** [OS 212].  
Leader: Tony 01986 875694 or 07836 719163

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**WAVENEY RAMBLERS' WALKING HOLIDAY DIARY 2022**

<i>Dates</i>	<i>Venue</i>	<i>Time</i>	<i>Numbers</i>	<i>Leader</i>	<i>Phone</i>
Fri 16th Sept to Mon 26th Sept	Wiltshire, book your own	9 days, walks of 6.5-8.5 miles	no limits as yet	contact Neil	01986 893023

Download brochure at: [http://waveneyramblers.org.uk/guides/Guide\\_Wiltshire.pdf](http://waveneyramblers.org.uk/guides/Guide_Wiltshire.pdf)

## Useful Group Contacts

Chair: Emma Freeman waveneyramblers@gmail.com  
vice-Chair: Vacant  
Secretary: Karen Taylor waveneyramblers@gmail.com  
Membership Sec.: Roger Moore zz36moore@aol.com 01502 717850  
Treasurer: Mike Jeffery waveneyramblers@gmail.com  
Footpath Sec. (1): Robert Newell waveneyfootpath@gmail.com  
Footpath Sec. (2): Pat Harrington (LROW) waveneyramblers@gmail.com  
Programme Sec.: Roger Moore *details as above*  
Area Rep (1): David Harmer harmerd638@gmail.com 01502 475188  
Area Rep (2): Emma Freeman waveneyramblers@gmail.com  
Technology Officer: Neil Bauers www.waveneyramblers.org.uk  
Facebook page: <https://www.facebook.com/groups/WaveneyRamblers/>  
Newsletter editor: Tony Langford, 16 Holton Road, Halesworth IP19 8HF 01986 875694  
langfordajs@hotmail.com

## Waveney Ramblers' Group Policy

'Registered assistance dogs' only on walks.

If you wish to bring a 'registered assistance dog' on a walk, please contact the leader to discuss any difficulties with the route.

## Footpath Problems

Please report footpath problems to Suffolk County Council: by phone **0345 6066171**; or email **customer.service@suffolk.gov.uk** - website: **<https://www.suffolk.gov.uk/roads-and-transport/public-rights-of-way-in-suffolk/report-a-public-right-of-way-issue/>**

In both cases you will be given a reference number. Please keep this until the problem is solved. If you have any queries with either of these methods or need help, please contact Robert Newell, Waveney Ramblers' Footpath Secretary: **waveneyfootpath@gmail.com**

For problems in Norfolk, go to: **<https://apps.norfolk.gov.uk/HighwaysDefect/>** and follow the instructions.

If you have a QR code reader on your mobile, try these quick links:



Waveney Group



Facebook



Ramblers



Suffolk Area