



**ramblers**  
at the heart of walking

***Stay Alert!***  
***Socially Distance!***  
***Get the job!***  
***Beat the virus!***  
***Keep walking!***

***WAVENEY & DISTRICT GROUP***  
***of the RAMBLERS***

# **Walks Programme**

***1st March to 30th June 2021***

# Coronavirus Restrictions

This Walks Programme is under scrutiny from Government and Ramblers, in the interests of personal and national safety, to stop the spread of the Covid-19 virus. We have produced this limited Walks Programme, so that we will have the base to build on when we are finally allowed to continue with our Group walks.



**From March 29th**, Ramblers has given the OK to restart group walks **‘exempt from legal gathering limits’**, though, leaders may indicate a lower number acceptable on their walks by the inclusion of a **‘max’ number**.

If you wish to join a walk, please contact the leader and register your interest, for ‘track & trace’ purposes, and, when walking, please maintain social distancing. Be prepared to go onto a waiting list after you get on a couple of walks. Until further notice, these walks are for **Waveney Group members only**, unless stated as **‘all comers’** or **‘unrestricted’**. Leaders will need to do a Risk Assessment, as usual, and take a register of walkers details (name & phone no.) to send to Roger.

I will endeavour to keep the Group informed as best I can, in the event of further changes to government and Ramblers regulations, and update this Programme as and when required. However, the best way to keep up with the latest changes is to go onto the Group website at:

[www.waveneyramblers.org.uk](http://www.waveneyramblers.org.uk)

There will also be up-to-date general information on Ramblers’ national site at:

[www.ramblers.org.uk](http://www.ramblers.org.uk)

If your mobile has the **QR** code reader app, you can click on the codes below:

**Waveney  
Ramblers**



**Ramblers’  
national**



If you don’t have access to the internet, please ask a friend or family member who does, in order to obtain the latest news updates, as further changes may come into place overnight. Similarly, if you know of a member who does not have internet access, please keep them in touch with what is happening in the Group.

Walk leaders, of course, have the right to change or cancel their walks, in the interest of group or personal safety. Also to add walks to the Programme, if and when desired. There is much good news about the vaccine roll-out but it will obviously be some time before we will all get our jobs. Until then it looks like we will need to be patient and maybe put up with more restrictions to group walks for a while longer.

**Good luck and stay safe.**

## SPECIAL EVENTS IN THIS PROGRAMME

Group Walks recommence on March 29th

Completion of Sandlings Walks – Some Thursdays

### PLEASE NOTE

**Grid Refs** have the first three figures of eastings and northings in bold for reading on a paper map and a further two figures in roman to assist a GPS.

**Postcodes** may lack accuracy because of the large area that some cover.

**OS Explorer map numbers** are shown in square brackets following the grid reference, unless otherwise stated.

Wed 3 Mar  
10:30 am

**no group walk allowed**

Sun 7 Mar  
10:30 am

**no group walk allowed**

Wed 10 Mar  
10:30 am

**no group walk allowed**

Sun 14 Mar  
10:30 am

**no group walk allowed**

Wed 17 Mar  
10:30 am

**no group walk allowed**

Sun 21 Mar  
10:30 am

**no group walk allowed**

Wed 24 Mar  
10:30 am

**no group walk allowed**

Sun 28 Mar  
10:30 am

**no group walk allowed**

## ***Good News!* - Group Walks allowed from 29th March**

Wed 31 Mar  
10:00 am  
(note time)

Dunwich Forest

Meet at Dunwich Forest car park (was '43' and now called 'Frederick's Mount'), IP17 3ED, **TM 461 712** [OS 231].

Leader: Chris 01502 714812

5.5 miles

**no restrictions**

<b>Sun 4 Apr</b> <b>10:30 am</b>	<b>"A Coastal Caper"</b> Meet Sparrows Nest car park, off Whapload Road, Lowestoft NR32 1XG, <b>TM 552 945</b> [OS OL40]. Picnic lunch. Leader: David 01502 475188	<b>7 miles</b> <b>max 10 - members only</b>
<b>Wed 7 Apr</b> <b>10:30 am</b>	<b>no walk yet, check on:</b> <b><a href="http://www.waveneyramblers.org.uk">www.waveneyramblers.org.uk</a></b>	
<b>Thur 8 Apr</b> <b>10:00 am</b> (note time)	<b>Dunwich Forest</b> Meet at Dunwich Forest car park (was '43' and now called 'Frederick's Mount'), IP17 3ED, <b>TM 461 712</b> [OS 231]. Picnic lunch. Leader: Chris 01502 714812	<b>10 miles</b> <b>no restrictions</b>
<b>Thur 8 Apr</b> <b>7 pm-ish</b>	<b>Waveney Ramblers' Committee Meeting - by Zoom</b>	
<b>Sun 11 Apr</b> <b>10:30 am</b>	<b>Tunstall Forest Area</b> Meet at Iken Cliff car park, IP12 2EN, <b>TM 400 562</b> [OS 212]. Picnic lunch. Leader : David 01502 475188	<b>12 miles</b> <b>max 10 - members only</b>
<b>Wed 14 Apr</b> <b>10:30 am</b>	<b>Thorpeness Area</b> Meet at Thorpeness Meare, IP16 4NW, <b>TM 47154 59576</b> [OS 212]. Leader: Tony 01986 875694	<b>5.5 miles</b> <b>max 15 - members only</b>
<b>Thur 15 Apr</b> <b>10:00 am</b> (note time)	<b>Sandlings 4 / Sutton</b> Meet at Melton, Riverside car park, Wilford Bridge Road, IP12 2PA, <b>TM 28813 50301</b> [OS 197]. Picnic lunch. Leader: Neil 01986 893023 or 07411 811093	<b>10.5 miles</b> <b>max 10 - all comers</b>
<b>Sun 18 Apr</b> <b>10:30 am</b>	<b>Fritton Woods / St Olaves / Lound</b> Meet at New Road, Fritton (roadside parking), NR31 9HR, <b>TG 466 008</b> [OS OL40]. Picnic lunch. Leader: David 01502 475188	<b>11 miles</b> <b>max 10 - members only</b>
<b>Wed 21 Apr</b> <b>10:30 am</b>	<b>Beccles Marsh Trail</b> Meet at Beccles Quay car park (P&D), NR34 9BH, <b>TM 42364 91157</b> [OS OL40]. Leader: Paul 01502 581058 or 07896 338904	<b>5 miles</b> <b>max 20 - members only</b>
<b>Sun 25 Apr</b> <b>10:30 am</b>	<b>Mettingham / Shipmeadow</b> Meet at Dell car park, Beccles, NR34 9LZ, <b>TM 418 900</b> [OS 231]. Picnic lunch. Leader: David 01502 475188	<b>11 miles</b> <b>max 10 - members only</b>
<b>Wed 28 Apr</b> <b>10:30 am</b>	<b>Corton / Gunton</b> Meet at Sparrows Nest car park, Lowestoft, NR32 1XG, <b>TM 55224 94536</b> [OS OL40]. Leader: Paul 01502 581058 or 07896 338904	<b>5 miles</b> <b>max 20 - members only</b>

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**Thur 29 Apr**    **Sandlings 10 / Sizewell and Minsmere**    **9.6 miles**  
**10:00 am**    Meet at Leiston, Kenton Hills car park, off Lover's Lane, IP16 4RF,  
(note time)    **TM 45354 63867** [OS 212]. Picnic lunch.  
Leader: Neil 01986 893023 or 07411 811093    **max 10 - all comers**

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**Sun 2 May**    **Tunstall Area / part Weavers Way**    **10 miles**  
**10:30 am**    Meet at the church in Tunstall, Norfolk NR13 3FD, **TG 417 080**  
[OS OL40]. Picnic lunch.  
Leader: David 01502 475188    **max 10 - members only**

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**Wed 5 May**    **Blundeston**    **5 miles**  
**10:30 am**    Meet at Blundeston Church (park at side of church or on road),  
NR32 5AX, **TM 513 972** [OS OL40].  
Leader: Grant 07743 092850    **max 15 - members only**

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**Sun 9 May**    **Metfield / Mendham**    **10 miles**  
**10:30 am**    Meet at Metfield Village Hall (small car park), IP20 0LA, **TM 295 803**  
[OS 231]. Picnic lunch.  
Leader: David 01502 475188    **max 10 - members only**

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**Wed 12 May**    **St James / St Cross**    **5 miles**  
**10:30 am**    Meet at St James South Elmham village hall, IP19 0HP, **TM 31987 81043**  
[OS 231].  
Leader: Paul 01502 581058 or 07896 338904    **max 20 - members only**

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**Thur 13 May**    **Sandlings 11 / Dunwich**    **11 miles**  
**10:00 am**    Meet at Dunwich, Beach car park, Beach Road, IP17 3EN,  
(note time)    **TM 47915 70778** [OS 231]. Picnic lunch.  
Leader: Neil 01986 893023 or 07411 811093    **max 10 - all comers**

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**Sun 16 May**    **Tunstall Forest Area**    **12 miles**  
**10:30 am**    Meet at Iken Cliff car park, IP12 2EN, **TM 400 562** [OS 212].  
Picnic lunch.  
Leader : David 01502 475188    **max 12 - all comers**

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**Wed 19 May**    **Dunwich Heath Area**    **5.5 miles**  
**10:30 am**    Meet at Dunwich Beach car park, IP17 3EN, **TM 479 707** [OS 231].  
Leader: Tony 01986 875694    **max 15 - members only**

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**Thur 20 May**    **Deadline for sending walks details for the next Programme to Programme Secretary.**

<b>Sun 23 May</b>	<b>Fressingfield / Metfield</b>		<b>10 miles</b>
<b>10:30 am</b>	Meet at small car park on Chapel Close, Fressingfield, behind the Baptist Church, IP21 5QQ, <b>TM 263 774</b> [OS 231]. Picnic lunch. Leader: David 01502 475188		<b>max 12 - all comers</b>
<b>Wed 26 May</b>	<b>Mutford Area</b>		<b>5 miles</b>
<b>10:30 am</b>	Meet at Mutford Village Hall, NR34 7UR, <b>TM 488 882</b> [OS 231]. Leader: Grant 07743 092850		<b>max 15 - members only</b>
<b>Sun 30 May</b>	<b>Burgh St Peter</b>		<b>10 miles</b>
<b>10:00 am</b> (note time)	Meet at Burgh St Peter village hall car park, NR34 0BN, <b>TM 469 935</b> [OS OL40]. Picnic lunch. Leader: Brian 07870 978759		<b>no restrictions</b>
<b>Wed 2 Jun</b>	<b>Farnham Area</b>	<b>&gt;&gt;&gt; NEW! &lt;&lt;&lt;</b>	<b>5.5 miles</b>
<b>10:00 am</b> (note time)	Meet at Greenwood Burial Ground car park, south off Friday Street, IP17 1LX, <b>TM 375 596</b> [OS 212]. Parking limited to about 12-15 cars. Leader: Chris 01502 714812		<b>no restrictions</b>
<b>Sun 6 Jun</b>	<b>Mautby Marshes / Filby</b>		<b>12 miles</b>
<b>10:30 am</b>	Meet at Bure Park car park, NR30 4AS, <b>TG 523 102</b> [OS OL40]. Picnic lunch. Leader : David 01502 475188		<b>max 12 - all comers</b>
<b>Wed 9 Jun</b>	<b>Seething</b>		<b>5 miles</b>
<b>10:30 am</b>	Meet at Seething Village Hall, NR15 1EJ, <b>TM 318 977</b> [OS OL40]. Leader: Grant 07743 092850		<b>max 15 - members only</b>
<b>Sun 13 Jun</b>	<b>Aldeburgh Area</b>		<b>10 miles</b>
<b>10:30 am</b>	Meet at seafront car park, Slaughden end, Aldeburgh, IP15 5NA, <b>TM 464 556</b> [OS 212]. Picnic lunch. Leader : David 01502 475188		<b>max 12 - all comers</b>
<b>Wed 16 Jun</b>	<b>Bramfield Area</b>	<b>&gt;&gt;&gt; NEW! &lt;&lt;&lt;</b>	<b>5.5 miles</b>
<b>10:30 am</b>	Meet at Bramfield village hall car park, IP19 9JA, <b>TM 402 738</b> [OS 231]. Leader: Tony 01986 875694		<b>max 20 - members only</b>
<b>Sun 20 Jun</b>	<b>Harleston / Weybread</b>		<b>10 miles</b>
<b>10:30 am</b>	Meet at Bullocks Fair car park, IP20 9AT, <b>TM 245 835</b> [OS 230]. Picnic lunch. Leader : David 01502 475188		<b>max 12 - all comers</b>
<b>Wed 23 Jun</b>	<b>Oulton Broad / Lake Lothing / Carlton Marshes</b>		<b>5 miles</b>
<b>10:30 am</b>	Meet at Normanston Park car park, Lowestoft, NR32 2QB, <b>TM 532 934</b> [OS OL40]. Leader: Paul 01502 581058 or 07896 338904		<b>max 20 - members only</b>

Sun 27 Jun **Middleton / Eastbridge** >>> **NEW!** <<< 10 miles  
 10:30 am Meet at Westleton Green duck pond, IP17 3AN, **TM 441 692** [OS 231].  
 Picnic lunch.  
 Leader: Pat 01502 514191 **max 12 - all comers**

Wed 30 Jun **Weybread Area** 5.5 miles  
 10:30 am Meet at short lane (Grinder's lane) by fishing lakes, joining B1123 &  
 B1116, IP21 5UD, **TM 247 816** [OS 230].  
 Leader: Tony 01986 875694 **max 15 - members only**

**WAVENEY RAMBLERS' WALKING HOLIDAY DIARY 2021**

<i>2021</i>	<i>Venue</i>	<i>Time</i>	<i>Numbers</i>	<i>Leader</i>	<i>Phone</i>
Fri 24th Sept to Fri 1st Oct	Shellingford, Oxfordshire	8 days, walks of 8–11 miles	reserve list open	contact Diana	07909 924342



For the latest on the walks situation,  
 go to:

[www.waveneyramblers.org.uk](http://www.waveneyramblers.org.uk)



## USEFUL GROUP CONTACTS

Chair: David Harmer email: [harmerd638@gmail.com](mailto:harmerd638@gmail.com) 01502 475188  
vice-Chair: Emma Freeman [waveneyramblers@gmail.com](mailto:waveneyramblers@gmail.com)  
Secretary: Karen Taylor [waveneyramblers@gmail.com](mailto:waveneyramblers@gmail.com)  
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Programme Sec.: Roger Moore *details as above*  
Area Rep (1): David Harmer *details as above*  
Area Rep (2): Emma Freeman [waveneyramblers@gmail.com](mailto:waveneyramblers@gmail.com)  
Technology  
Officer: Neil Bauers [www.waveneyramblers.org.uk](http://www.waveneyramblers.org.uk)  
Facebook page: <https://www.facebook.com/groups/WaveneyRamblers/>  
Newsletter editor: Tony Langford, 16 Holton Road, Halesworth IP19 8HF 01986 875694  
email: [langfordajs@hotmail.com](mailto:langfordajs@hotmail.com)

## Waveney Ramblers' Group Policy

**'Registered assistance dogs' only on walks.**

**If you wish to bring a 'registered assistance dog' on a walk, please contact the leader to discuss any difficulties with the route.**

## Footpath Problems

Please report footpath problems to Suffolk County Council by:

phone 0345 606 6171; or email: [customer.service@suffolk.gov.uk](mailto:customer.service@suffolk.gov.uk)

website: <https://www.suffolk.gov.uk/roads-and-transport/public-rights-of-way-in-suffolk/report-a-public-right-of-way-issue/>

In both cases you will be given a reference number. **Please keep this until the problem is solved.** If you have any queries with either of these methods or need help, please contact Robert Newell, Waveney Ramblers' Footpath Secretary: [waveneyfootpath@gmail.com](mailto:waveneyfootpath@gmail.com)

If you have a QR code reader on your mobile, try these quick links:



Waveney Group



Facebook



Ramblers



Suffolk Area