



ramblers
at the heart of walking

***WAVENEY & DISTRICT GROUP
of the RAMBLERS***

Walks Programme

1st March to 30th June 2019



The Ramblers is a registered charity (England & Wales no. 1093577, Scotland no. SC039799) and a company limited by guarantee, registered in England & Wales (no. 4458492). Registered office: 2nd Floor, Camelford House, 87-90 Albert Embankment, London SE1 7TW.

SPECIAL EVENTS IN THIS PROGRAMME

Alternate Thursdays – WAVENEY WAY WALKS

Saturday 18th May - WAVENEY RAMBLERS' TEA PARTY

Thursday 6th June – 19th ANNUAL WALK FOR PARTIALLY SIGHTED

Sun 3 Mar **Uppgate Street and Bath Hills** **9½ miles**
10:30 am Meet at Outney Common car park (near Bungay Golf Club),
TM 331(49) 900(86) [OS OL40]. More parking over the footbridge in
Outney Road (Alms Houses), if necessary. Picnic lunch.
Leader: Neil 01986 893023

Wed 6 Mar **Ringsfield Area** **5 miles**
10:30 am Meet Ringsfield Church car park, TM 403 885 [OS 231].
Leader: Doreen 01502 740665

Thur 7 Mar **Waveney Way Walk 1 - Ness Point** **10 miles**
10:00 am Meet at Normanston Park, Lowestoft, TM 531(42) 933(89) [OS OL40].
(note time) Picnic lunch.
Leader: Emma 07550 078569

Sat 9 Mar **Beccles / Ringsfield Area – FAST WALK!** **7 miles**
9:30 am Meet at the Butcher's Arms PH car park, Beccles NR34 9YT,
(note time) TM422 895 [OS 231]. A circular power walk to welcome in the weekend.
We'll be averaging at least 3.7 mph so please be prepared for a fast
walk finishing in under 2 hours. We won't have any breaks during the
walk but let's go for a coffee afterwards, if you don't have to rush off.
Leaders: Lesley & Emma 07548 159300 or 07550 078569

Sun 10 Mar **Kessingland Area** **5½ miles**
10:30 am Meet Kessingland Beach car park, TM 533 861 [OS 231]. Some beach
Walk 'A' walking.
Leader: Alex 01502 580868 & 07594 499854

Sun 10 Mar **St James / St Cross** **11 miles**
10:00 am Meet St James South Elmham village hall, TM 319 811 [OS 231]. Picnic
(note time) lunch.
Walk 'B' Leaders: Doreen & Glenys 01502 740665 or 01502 716387

Wed 13 Mar **Bramfield Area** **5½ miles**
10:30 am Meet in Bramfield village hall car park, TM 402 738 [OS 231].
Walk 'A' Leader: Tony 01986 875694

Wed 13 Mar **Aldringham / Thorpeness** **10 miles**
10:00 am Meet Aldringham Common, off Thorpeness Rd (B1353), TM 455 607
(note time) [OS 212]. Picnic lunch.
Walk 'B' Leaders: Glenys & Peter 01502 716387

Sun 17 Mar 10:00 am (note time)	Trowse to Rockland St Mary - part of Wherryman's Way Meet Rockland Staithe car park, TG 328 046 [OS OL40], in order to catch No.85 bus to Trowse. Walk to Rockland St Mary. Picnic lunch. Leader: David 01502 475188	10 miles
Wed 20 Mar 10:30 am	St Margaret & St Cross Area Meet St Margaret's South Elmham village hall, TM 316 837 [OS 231]. Leader: Paul 01502 581058	5 miles
Thur 21 Mar 10:00 am (note time)	Waveney Way Walk 2 - Gunton / Corton / Blundeston Meet at Links Road, Gunton, TM 551 953. Picnic lunch. Leaders: Diana & Barry 01986 781457	10 miles
Sun 24 Mar 10:00 am (note time)	Framingham Pigot / Yelverton Area Meet in lay-by off A146, TG 286 037 [OS OL40]. Picnic lunch. Leader: David 01502 475188	9 miles
Wed 27 Mar 10:30 am	Ditchingham Area Meet Green Lane, Ditchingham, TM 342 912 [OS OL40]. Leader: Grant 07743 092850	5 miles
Sun 31 Mar 10:30 am	Middleton / Dunwich Area Meet at Westleton Green (Duck Pond end), TM 441 692 [OS 231]. Picnic lunch at Coastguards Cottages. Leaders: Mary & Parvez 01502 713172	10½ miles
Wed 3 Apr 10:30 am	Weybread Area Meet in short lane joining B1116 and B1123, by fishing lake, TM 247 816 [OS 230]. Leader: Tony 01986 875694	5½ miles
Thur 4 Apr 10:00 am (note time)	Waveney Way Walk 3 – Somerleyton Meet at Dukes Head car park, Somerleyton, TM 478(41) 971(26) [OS OL40]. Picnic lunch. Leaders: Doreen & Jean 01502 740665 or 01502 568710	9½ miles
Sun 7 Apr 10:30 am Walk 'A'	Ditchingham Area Meet Green Lane, Ditchingham, TM 342 912 [OS OL40]. Leader: Alex 01502 580868 & 07594 499854	5½ miles
Sun 7 Apr 10:30 am Walk 'B'	Frostenden Area – Early Native Bluebells Meet north end of Green Lane, easy parking, TM 511 823 [OS 231]. Early native bluebells guaranteed. Picnic lunch. Leader: Brian 07870 978759	9½ miles



NB. The number in brackets following a grid reference is the relevant OS Explorer map number, unless otherwise stated.

Wed 10 Apr 10:30 am	Outney Common / Falcon Meadow Meet Green Lane, Ditchingham car park, TM 342 912 [OS OL40]. Leader: Paul 01502 581058	5¼ miles
Sat 13 Apr 9:30 am (note time)	Carlton Marshes – FAST WALK! Meet at Carlton Marshes car park, NR33 8HU, TM 508(71) 920(28) [OS OL40]. A circular power walk to welcome in the weekend. We'll be averaging at least 3.7 mph so please be prepared for a fast walk finishing in under 2 hours. We won't have any breaks during the walk but let's go for a coffee afterwards, if you don't have to rush off. Leaders: Lesley & Emma 07548 159300 or 07550 078569	7 miles
Sun 14 Apr 10:30 am	Thorpeness / Leiston Area Meet Thorpeness car park, near Mere, TM 472 595 [OS 212]. Picnic Lunch. Leader: Simon 07739 684433	10 miles
Wed 17 Apr 10:30 am	Mutford Area Meet Mutford Village Hall car park (donation please), TM 488 882 [OS 231]. Leader: Doreen 01502 740665	5 miles
Thur 18 Apr 10:00 am (note time)	Waveney Way 4 - Carlton Marshes Meet at Carlton Marshes Nature Reserve car park, TM 508(71) 920(28) [OS OL40]. Leader: Alex 01502 580868 or 07594 499854	5½ miles
Sun 21 Apr 10:30 am (Easter Sunday)	Mendlesham / Stowupland Area Meet at Mendlesham Church, TM 106 658 [OS 211]. Incorporating part of Middy Railway path and Mid-Suffolk footpath. Picnic lunch. Leader: David 01502 457188	12 miles
Wed 24 Apr 10:30 am Walk 'A'	Reydon Area – Bluebell walk Meet Reydon Church car park, TM 491 782 [OS 231]. Leader: Alison 01502 723988	5 miles
Wed 24 Apr 10:00 am (note time) Walk 'B'	Snape / Friston Meet Snape Church Common car park, TM 395 593 [OS 212]. Picnic lunch. Leaders: Glenys & Peter 01502 716387	10 miles
Fri 26 Apr to Fri 3 May	Wetton, Derbyshire holiday	
Sun 28 Apr 10:30 am	South Cove Area – Native Bluebells Meet north end of Green Lane, easy parking, TM 511 823 [OS 231]. Thousands of native bluebells guaranteed. Picnic lunch. Leader: Brian 07870 978759	10 miles

Wed 1 May 10:30 am	Huntingfield Area Meet at Huntingfield Arms PH, IP19 0PU, TM 342 738 [OS 231]. If you park at the pub, please use after the walk; or park at the village hall (The Hub) opposite. Otherwise, parking is limited in the village, so car-share if possible. Leader: Simon 07739 684433	5 miles
Sun 5 May 10:00 am (note time)	Sudbourne Area Meet at Sudbourne Church, TM 421 520 [OS 212]. Picnic lunch. Leaders: Doreen & Jean 01502 740665 or 01502 568710	10 miles
Wed 8 May 10:30 am Walk 'A'	Kelsale Area Meet in Kelsale village car park, TM 387 649 [OS 212]. Leader: Tony 01986 875694	5½ miles
Wed 8 May 10:00 am (note time) Walk 'B'	Shadingfield to Southwold – linear walk Meet Shadingfield Church car park, TM 435 838 [OS 231]. Picnic lunch. Tea in Southwold; bus return 16:38 pm. Leaders: Doreen & Glenys 01502 740665 or 01502 716387	10 miles
Thur 9 May 10:00 am (note time)	Waveney Way 5 - Oulton Broad to Beccles Meet at Beccles Station (need to check train times near the date), park in Beccles (the Quay car park is 0.6 miles from the station), TM 423(65) 911(49) [OS OL40]. Picnic lunch. Leader: Neil 01986 893023 & 07411 811093	10 miles
Sat 11 May 9:30 am (note time)	Beccles Area – FAST WALK! Meet at the Butcher's Arms PH car park, Beccles NR34 9YT, TM 422 895 [OS 231]. A circular power walk to welcome in the weekend. We'll be averaging at least 3.7 mph so please be prepared for a fast walk finishing in under 2 hours. We won't have any breaks during the walk but let's go for a coffee afterwards, if you don't have to rush off. Leaders: Lesley & Emma 07548 159300 or 07550 078569	7 miles
Sun 12 May 10:30 am	Wenhaston / Halesworth Area Meet at Blackheath, TM 424 748 [OS 231]. Picnic Lunch. Leader: Pat 01502 514191	10 miles
Wed 15 May 10:30 am	Gillingham Area Meet at Gillingham Swan car park, TM 412 916 [OS OL40]. Leader: Grant 07743 092850	5 miles
Thur 16 May 10:00 am (note time)	Waveney Way 6 - Waveney River Meet at Beccles Quay car park, TM 423(65) 911(49) [OS OL40]. Picnic lunch. Leaders: Diana & Barry 01986 781457	8 miles

Sat 18 May
2 to 4 pm

Waveney Ramblers' Tea Party 2019

Upland Community Centre, Carlton Colville NR33 8LJ

Off the A146 at east end of Hollow Grove Way, TM 515 910 [OS OL40]

See flyer for more details.

Sun 19 May

Bath Hills / Falcon Meadow

10 miles

10:30 am

Meet Green Lane, Ditchingham, TM 342 912 [OS OL40]. Picnic lunch.

Leader: Neil 01986 893023 & 07411 811093



Sun 19 May Deadline for sending walks details for the next Programme to Programme Secretary.

Wed 22 May

St James / St Cross

5 miles

10:30 am

Meet St James South Elmham village hall, TM 319 811 [OS 231].

Leader: Paul 01502 581058

Sun 26 May

Westleton Area

5½ miles

10:30 am

Meet Westleton Heath car park, TM 459 696 [OS 231].

Walk 'A'

Leader: Alex 01502 580868 & 07594 499854

Sun 26 May

Snape / Tunstall Forest

10½ miles

10:30 am

Meet Iken Cliff car park, TM 399 562 [OS 212]. Options guaranteed. Picnic lunch.

Walk 'B'

Leader: Brian 07870 978759

Wed 29 May

Westleton Heath to Dunwich Coast Guards

5½ miles

10:30 am

Meet Westleton Heath car park (Westleton-Dunwich Road), TM 459 696 [OS 231].

Leader: Alex 01502 580868 & 07594 499854

Sun 2 Jun

Westleton Heath / Dunwich CG / Eastbridge Areas

10½ miles

10:30 am

Meet at Westleton Green (Duck Pond end), TM 441 692 [OS 231]. Picnic lunch.

Leader: David 01502 457188

Tues 4 Jun

Waveney Way 7 - Shipmeadow / Mettingham

8¼ miles

10:00 am

Meet at B1062 lay-by, TM 383(80) 899(50) [OS OL 40]. Picnic lunch.

(note time)

Leader: Neil 01986 893023 & 07411 811093

Wed 5 Jun

Shotesham

5 miles

10:30 am

Meet St Mary's Church car park off Roger's Lane (NOT the church in the village!), TM 238 988 [OS 237].

Leaders: Glenys & Peter 01502 716387

Thur 6 Jun

19th Annual Walk for Partially-Sighted People – Westleton Area

3 miles

10:30 am

Meet at Westleton Heath car park, TM 459 696 [OS 231].

WE WOULD APPRECIATE HELP FOR THIS WORTHY AND MUCH-LOVED EVENT. IF YOU HAVEN'T HELPED BEFORE, PLEASE GIVE IT A TRY. LAST YEAR WE WERE A FEW HELPERS SHORT.

Leaders: Glenys & Peter 01502 716387

Sun 9 Jun

Carlton Marshes Area

5½ miles

10:30 am

Meet Carlton Nature Reserve car park, TM 509 920 [OS OL40].

Walk 'A'

Leader: Alex 01502 580868 & 07594 499854

Sun 9 Jun 10:00 am (note time) Walk 'B'	Minsmere and Dunwich Heath Meet at Sizewell car park (charge?), TM 475 629 [OS 212]. Picnic lunch. Leader: Doreen 01502 740665	9½ miles
Wed 12 Jun 10:30 am	Sotterley Area Meet at Crowsfoot Farm, TM 448 844 [OS 231]. Leader: Roger 01502 679024	5½ miles
Thur 13 Jun 10:30 am	Sibton Area Meet and park at Sibton White Horse PH, TM 357 702 [OS 231]. If you use the pub car park, please buy a drink after the walk; if you wish to have a meal, please contact the pub (01728 660337) beforehand stating 'with Waveney Ramblers' and book early, if you can. Leader: Rosemary 07989 909588	5½ miles
Sun 16 Jun 10:30 am	Burgh St Peter Area – Native Honeysuckle Meet and park at Staithe Road balloons, TM 469 935 [OS OL40]. Picnic lunch; tea and cake after walk. Leader: Rosemary & Brian 07989 909588	9½ miles
Wed 19 Jun 10:30 am	Oulton Broad / Lake Lothing / Carlton Marshes Meet Normanston Park car park, TM 532 934 [OS OL40]. Leader: Paul 01502 581058	5 miles
Thur 20 Jun 10:00 am (note time)	Waveney Way 8 - Bungay South Meet at Hillside Road West lay-by, TM 337(81) 887(77) [OS OL40]. Leader: Tony 01986 875694	6¼ miles
Sat 22 Jun 7:00 am (note time)	Breakfast Walk - Ellough Area Meet at Posh Pigs Café, Ellough Industrial Estate, Beccles NR34 7TD, TM 447 885 [OS OL40]. Breakfast at Posh Pigs after the walk. Leader: David 01502 475188	5 miles
Sun 23 Jun 10:30 am	Acle / Weavers Way Meet at Acle car park, TG 402 107 [OS OL40]. Picnic lunch. Leader: David 01502 475188	10 miles
Wed 26 Jun 10:30 am	Blythburgh Area Meet at Blythburgh Church car park, TM 451 753 [OS 231]. Leader: Alison 01502 723988	5 miles
Sun 30 Jun 10:00 am (note time)	Reydon / Walberswick Area Meet at Hen Reed Beds, TM 471 771 [OS 231]. Picnic lunch. Leaders: Diana & Barry 01986 781457	10 miles

WAVENEY RAMBLERS' WALKING HOLIDAY DIARY 2019

<i>2019</i>	<i>Venue</i>	<i>Time</i>	<i>Numbers</i>	<i>Leader</i>	<i>Phone</i>
Fri 26th Apr to Fri 3rd May	Wetton, Derbyshire	8 days; walks 8–11 miles	some availability	contact Diana for further details	01986 781457
Sun 29th Sept to Sat 5th Oct	Stewton, Lincolnshire	7 days; walks 8–10 miles	some availability	contact Jean for further details	01502 568710

USEFUL GROUP CONTACTS

Chair:	Alex McPherson , 12 Ivy Lane, Lowestoft NR33 8QH 01502 580868
vice-Chair:	vacant
Secretary:	Tim Sutton-Day , 8A Bungay Road, Halesworth IP19 8HW 01986 874943
Membership Sec.:	Susie , email: monbretia@icloud.com
Treasurer:	Zuhail Tobin , 20 Hotson Road, Southwold IP18 6BS 07551 342314 email: zuhaltobin@googlemail.com
Footpath Sec.:	Robert Newell , 6 Meadowvale Close, Beccles NR34 9EP email: waveneyfootpath@gmail.com
Programme Sec.:	Roger Moore , 36 Forbes Drive, Beccles NR34 9XY 01502 717850 email: zz36moore@aol.com
Social Secretary:	vacant
Suffolk Area Rep:	David Harmer , 7 The Pightle, North Cove, Beccles NR34 7PR 01502 475188 email: master003point49@aol.com
Website designer:	Neil Bauers – go to: www.waveneyramblers.org.uk
Facebook page:	https://www.facebook.com/groups/WaveneyRamblers/
Newsletter editor:	Tony Langford , 16 Holton Road, Halesworth IP19 8HF 01986 875694 email: langfordajs@hotmail.com

Waveney Ramblers' Group Policy:

'Registered assistance dogs' only on walks.

If you wish to bring a 'registered assistance dog' on a walk, please contact the leader to discuss any difficulties with the route.

Footpath Problems

Please report footpath problems to Suffolk County Council by:

phone **0345 606 6171**; or email: customer.service@suffolk.gcsx.gov.uk

website: <https://www.suffolk.gov.uk/roads-and-transport/public-rights-of-way-in-suffolk/report-a-public-right-of-way-issue/>

In both cases you will be given a reference number. **Please keep this until the problem is solved.** If you have any queries with either of these methods or need help, please contact Robert Newell, Waveney Ramblers' Footpath Secretary: waveneyfootpath@gmail.com

If you have a **QR** code reader on your mobile, try these quick links:



Waveney group



Facebook



Ramblers



Suffolk Area