Park at Horham Community Centre. Head SE along Worlingworth Road.
Bear left off the tarmac, NE, an a farm track signposted to Suffolk and Norfolk Chickens.
Bend left into a woodland track between gateposts with cats on top.
At a house keep right and head NE into woodland on a barely visible path. Head NE.
At the end of the woodland head NE, hedge right.
At the end of the field, turn right, SE, and go through a galvanised gate.
Continue SE, hedge right, then between fields with no hedges.
Continue SE, passing a number of field entrances and over a footbridge.
Head SE passing a farm, buildings left. Head SE to the Baptist chapel. Turn right, SW, large car park right.
Head to the main road. Kink left and right, crossing the main road. Head SW, hedge and ditch right.
Kink left and right, ditch, hedge and house right. Continue SW between fields.
At a field corner, kink right and left. Continue SW, ditch left. Cross a wide farm track. Continue SW, hedge left.
Turn right, NW. Do not cross the ditch. Follow the power lines NW.
Near houses, turn left, over a bridge and head SW, houses and gardens right.
After the last house, kink right and left and head SW on tarmac. After one house, turn right, NW, hedge right.
Turn right, NE, hedge right, house right. Follow the field perimeter. Turn left, NW, fence and trees right.
After one field, turn left, SW, hedge right after the gap. Turn right, NW onto tarmac and head into the holiday cabins zone, avenue ahead. This is Athelington Hall. Before the pond, turn left, south, barn right, shed left. Continue south, hedge right on earth and rotting tarmac. At a house, keep right. Then kink right and left over a footbridge. Head SW, ditch left. At the end of the field, turn right, west, ditch right. Before the end of the field, turn left, SW, woodland scrub right. The original line of the path is missing. Follow the field perimeter instead. Kink right and left over a footbridge and head SW, hedge left.
At the field corner, go through the gap and turn right, NW, ditch and hedge right.
Kink right and left. Continue NW, hedge right.
Cross a concrete bridge and continue west to a concrete parking bay.
Turn right and left and head west on tarmac. At bends, stay on the tarmac.
Pause at the Redlingfield memorial for the WW2 airfield. Continue west on tarmac.
At Old School House, turn right north, still on tarmac. After 640 metres, turn right, over a footbridge into a field.
Turn left and follow the footpath east of north, slightly uphill, diverging away from the road.
Head for the NE field corner across the open field.
Go through the gap across the footbridge. Head east of north across the next field.
Kink left and right, crossing the tarmac. Go through the hedge gap, over a sleeper bridge.
Head for the nearest power pole a little east of north.
At the first pole, bear right, NE, to the nest pole with a guy wire holding it up.
At the guy wire pole, bend a left left. Ignore a path left. Head NE across the open field.
Continue NE, hedge left, to the tarmac. Turn left and right on the tarmac and head towards Denham east of north.
After 900 metres on tarmac, turn right, east, to The Lodge. Continue east for 200 metres. At a decaying footpath sign, turn right, south, towards woodland. Before the woodland, turn left, SE, no hedges or fences. Follow the line of the dismantled WW2 runway 12 for 1500 metres. There is a right left kink about half way along.
At the end, turn right, SW. Follow runway or perhaps taxiway 24 towards farm buildings.
Before the farm gate, turn left, SE, and follow the field perimeter, fence and road right.
At a decaying concrete parking area, turn right, SW, houses left.
Follow the lane left, SE, towards the village hall and church. Visit the church then head to the village sign and memorial.
Return to the community centre car park.

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