Park at Worlingworth Community Centre.

Head back to the main road and turn left, NW, along Shop Street, through the village.

Soon after the Willows Nursery, turn right, north, on the signposted footpath.

At the field, turn left, NW, soon north, and follow the field perimeter, hedge left.

At the end of the field, cross a sleeper bridge and turn left, roughly west.

At the end of the field, turn left, cross the bridge and turn right, west.

Head west past the agricultural equipment depot, left.

Cross a bridge and a stile. Turn right, NW, hedge right.

Head north across the field, hedge right. Cross the tarmac and continue north, hedge right.

Cross a bridge and stile and continue north, hedge right.

Cross a bridge and continue north on a wide track between trees.

Turn left, NW, onto concrete, pond right. Immediately turn right off the concrete.

Head north, house right. The track bends right.

Bear left, north, fence left, outbuildings left, ditch right, under power lines.

Cross a bridge. Continue north through a gate, hedge right.

Note the memorial, left. Cross the bridge. Turn left, SW, along the tarmac road.

At a T junction, turn right, NW onto Water Lane, still on tarmac for 1km (15 minutes).

After telegraph pole number 7, turn right, east, up a bank, hedge left.

Turn left, north, hedge left. Turn right, east, hedge left.

Ignore a footbridge left and head NE. Beware of big rabbit holes in the path.

Kink right and left and continue NE, hedge left.

Turn right, SE, and go through the gap. Turn left, NE, hedge left.

At the end of the field, turn right, SE, between fields.

Continue SE, uphill, ditch right. Turn right, SW, onto tarmac.

Before the first house, turn left, SE, hedge right.

Turn left, east, hedge and ditch right. Turn right, SE, hedge and ditch left.

At a T junction, turn left, NE, between fields.

The path divides. Take the right hand branch across the ditch.

Bear right, SE, ditch and trees right. Kink left and right. Continue SE, hedge right.

Cross a footbridge. Ignore another bridge, right. Continue SE.

At the next junction there are two possibilities.

VIA CHURCH ON TARMAC (0.2 miles extra): At the junction, continue through the gap, SE.

Head across the open field. Merge onto New Road and continue SE.

Turn left, NE, into Church Street and visit the church.

Return SW, along Church Street. At the T junction, continue SW.

Follow this tarmac road all the way back to the community centre.

VIA FIELDS: At the junction, turn right, SW, hedge left.

At the footbridge, continue SW, hedge left.

Turn left, south, across a sleeper bridge, hedge and houses right.

Follow the field perimeter left, SE, houses right.

Turn right, south, between houses. Head south along the alley way.

Turn left, SE, along Shop Street. Turn right, south back into the community centre car park.