

Waveney Ramblers Waveney Way 7 Shipmeadow and Mettingham

OS Map: X 231, OL 40 Track: [TM 38174 90043](#) [GPX for SatNav](#) 7 or 8.3 Miles Updated: 2018

This text is for the seven mile version.

Park in any of the cluster of four Mettingham lay-bys.

Meet up at the Mettingham village sign at the junction with Low Road.

Head NW along Low Road to White House Farm.

Opposite the farm there is a college and Russian Orthodox chapel. Public access is allowed.

Head past the college and accommodation to visit the interesting the chapel.

There may be religious activities in progress so please proceed with quiet decorum.

Return to Low Road and continue NW. Turn first left, SW, into another lane.

This lane meets Mill Hill and Dear Row. Head SW, on a footpath (not the roads).

The footpath emerges near the Tally Ho tearooms (possibly sadly closed).

Cross the B1062 and head roughly south along New Road.

Turn left, SE, along a woodland path. This is the Angles Way. Don't use the field access track.

Turn left, east, along Castle Road (Mettingham Castle).

At 90 degree right bend in the tarmak, continue ahead, east, on a farm track.

At Highfields Farmhouse, the track bends left and soon right again, still east.

Take the second footpath left, north, towards Viewpoint Mews.

Follow the zigzaggy field perimeter down to the B1062.

Turn right along the B1062 to return to the lay-by where you parked.

The original Waveney Way followed Gull Lane. This is usually flooded, overgrown and slippery. Only the intrepid or foolhardy should follow this line. The route above follows the line of the Angles Way on a much safer path with better views.

Please support rambling and the countryside.

Join the Ramblers at <https://www.ramblers.org.uk/>

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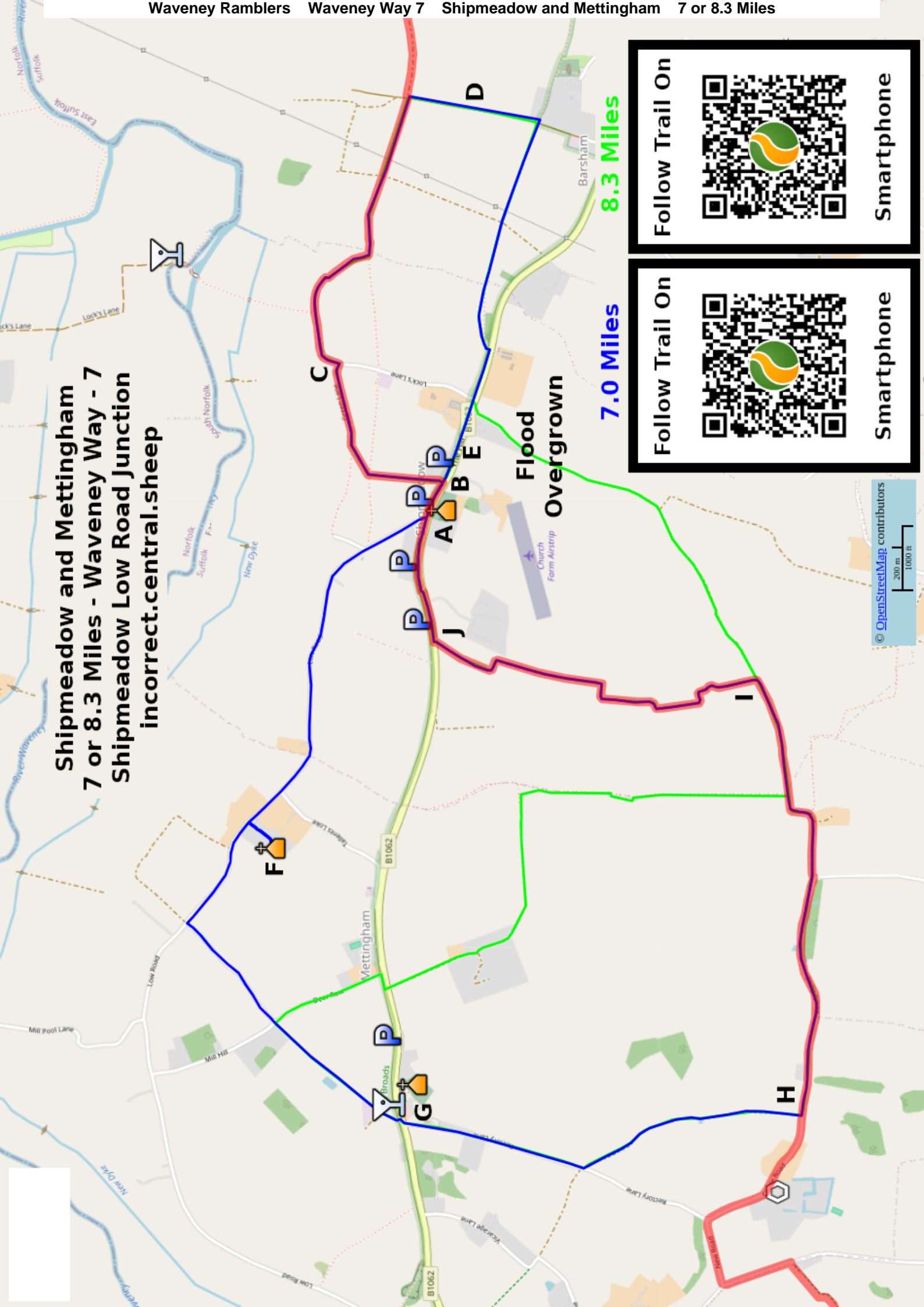
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Corrections:

Please mail Neil at nbauers@btinternet.com or Facebook

<https://www.facebook.com/nbauers/>

Shipmeadow and Mettingham 7 or 8.3 Miles - Waveney Way - 7 Shipmeadow Low Road Junction incorrect.central.sheep



8.3 Miles

7.0 Miles

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