## Waveney Ramblers Southwold 10 **Dunwich West**

OS Map: X 231 Track: **TM 47915 70778 GPX for SatNav** 8.5 Miles Updated: 2018

The walk starts from Dunwich Beach car park.

Leave the car park, south, and walk back to the road. Head west past the Ship Inn to the church and at the junction cross over into Sandy Lane, a track. Walk west and SW just over half-a-mile, passing a pair of cottages on your left, and take the footpath to right, north, just before Sandy Lane Farm. Follow the fenced path over a bridge and onto a boardwalk. Cross two more bridges and go up a hill, north, keeping in the same direction to the road. Cross over and take a narrow path through brambles, turning right, east, after 50 yards at a block of conifers. Walk through the car park and turn left, north, at the Dunwich Forest St. Helena Trail Information board. (Parts of the walk now follow the orange marker signs of this trail.) Go through a metal gate and turn left, west, along a wide, grassy track (fence left). At the next gate turn right, north, and follow the orange signs ahead to reach another gate and a minor road.

At the road turn right, east, for 50 metres, then left, north, by a house onto a track. Pass through a gate, then take the path ahead to the right of two Nissen huts. Bear left, west, off the main track through two more gates and continue north, going up a slope then down the other side. Ignore all side tracks, and at the bottom of the next slope, at T-junction, turn left, weat, with conifers on your left and deciduous trees on your right. Follow the orange marker signs once more (fence right). Go over a small cattle grid and follow the path ahead through some access land. When you reach a T-junction turn sharp right at the corner of the fence.

Head mostly east along this path for the next two-and-a-quarter miles, firstly through trees and along a lengthy boardwalk and then through open marshes (Westwood Marshes). Look out for soaring marsh harriers along this stretch. Turn left along a bank between two gates marked "No entry", then immediately right, east, through more open marshes. When you reach a cross-track with finger post turn right, SE, onto the main track which soon bends south. You are now on the Suffolk Coastal Path, with its distinctive blue and yellow waymarkers which you can follow all the way back to Dunwich.

Turn right, SW, and take the path around Little Dingle Hill. Take the path to the left, SW, signed "Dunwich" which takes you round Great Dingle Farm and onto a good track. Here turn left and follow the track SW for about a mile and three-quarters, keeping ahead all the way, passing houses on either side of the track, to reach the Dunwich road at farm buildings (converted to holiday homes). Here there are the Dingle Hill Tearooms (formally Bridge Nurseries tearooms) off to the right, a very welcome stopping point.

On the road turn left, SE, towards the church and bear left, east, through the village and back to the Dunwich Beach car park. Further refreshments can be found at the Ship Inn or the cafe in the car park. This walk has common boundaries with Walks 8 and 11.

