Waveney Ramblers Beccles 5 **Shipmeadow and Barsham**

OS Map: X 231, OL 40 Track: **TM 37823 89999 GPX for SatNav** 6 Miles Updated: 2018

This walk has fine views across the Waveney Valley. Park in the lay-by on the left-hand side, going from Beccles towards Bungay, on the B1062, just after the entrance to Viewpoint Mews, the old Shipmeadow Workhouse. There are two more lay-bys nearby for larger groups.

Cross over the road to the wide grass verge and walk towards Beccles. The verge soon becomes a paved footpath. Continue past a row of houses, the top of Low Road, and then a lay-by with a post box all on the left. (Shipmeadow Church, now deconsecrated, is on the right). At the next house which has Caravan Club location and footpath signs, turn left into the grounds. Walk straight ahead with hedge to the left to a stile and cross into the field. Keep to the left field edge until you reach a stile. Do not cross this stile but go diagonally right down to another stile at the bottom edge of the field. Cross the stile and bridge into Green Lane. Turn right and follow this wide grassy track, until it ends at a road with a cottage on the corner. Turn left and continue on the road passing the Essex and Suffolk Water site. Continue through a metal gate and go straight ahead along a wooded path until you reach a metal kissing gate on the right. Go through and left, walking with the wood to your left to another gate. Go through and turn left to an unusually tall stile. Cross and continue on the path ignoring a crossing a track until you reach a stony lane. Turn right immediately passing Springfield Cottage and continue until you come to the B1062 main Beccles-Bungay road.

Cross the road and take the field-edge footpath keeping the hedge on your right, until you join a wider track (Sandy Lane) and turn right here. Note if the first footpath is overgrown, continue along the B1062 road and take the next footpath which is the start of Sandy Lane.

Continue along Sandy Lane up to a metalled road and turn right. After 30 yards take the footpath to the left opposite Tayberry Farm. Go straight across aiming for a telegraph pole. At a group of sheds turn left, then immediately right onto a concrete path. When the path opens out onto a wider concrete area, take the narrow path between a hedge and a garage to the left of a bungalow (Meadow View). Go through a wooden gate into a meadow and keep straight ahead with the hedge on left. At the end of a field cross to a stile in the right-hand corner of the field and turn left into another field and continue to a road.

Turn right along the road passing Orchard Place and Gables Farm. At the sharp right-hand bend take the footpath on the left at a bungalow (The Pines). Follow the path round to the right and on reaching a field turn left. Follow the field perimeter until you reach a bridge on your left. Cross the bridge and if the enclosed path immediately ahead is overgrown, turn right and left and follow the field edge parallel with the sunken path to your left. Near the top of the field, rejoin the sunken path which soon joins the road (Clarke's Lane). Turn left and follow the lane for about 1 mile.

When you reach Boundary Farm on the right, take the grassy track with a hedge on the right and follow this for over half-a-mile. Bear left at the bottom as the lane becomes sunken. After 50 yards turn left at a junction of paths into Gull Lane passing beech trees on your left. The path opens out into fields and at the second field hedge on the right, turn right onto the signed Angles Way. Follow this clear path for about a mile as it zig-zags along field edges down to the B1062. Turn right to reach your starting point.

