

# WALKS AND EVENTS FROM TODAY - Print or Save as PDF

Please check for additions, cancellations or changes before setting out.

https://waveneyramblers.org.uk/programme

Please phone Neil if you need a printed copy. 01986 893 023

	io real in you need a printed copy. I reco dee eze		
Sun 26 Feb	Thorpeness ①	X 212 - 11 Miles	
10:00 am			
	TM 47161 59564 ages.barrel.stuns IP16 4NW 07986 184716		
	Bring your own picnic lunch. Registered assistance dogs only please.		
Wed 1 Mar	Wenhaston (i)	X 231 - 5.5 Miles	
10:30 am	Meet Tony at Wenhaston, Playing Fields, Lane beside the school. Tur	n left at the	
pavilion			
	TM 42535 75220 hiked.piglet.ridge IP19 9EP 01986 875694 07836	719163	
	Registered assistance dogs only please.		
Sun 5 Mar	Dunwich and Westleton ①	X 231 - 8 Miles	
10:30 am	Meet Neil at Dunwich, Hogs Grove/St Helena Trail, Westleton Road		
	TM 46689 70993 whizzing.eyelash.slippers IP17 3DZ 01986 89302	3 07411 811093	
	Please bring your own picnic lunch. Registered assistance dogs only	please.	
Wed 8 Mar	Carlton Marshes (1)	OL 40 - 5 Miles	
10:30 am	Meet Margaret and Carol at Carlton Marshes, Burnt Hill Lane		
	TM 50891 91912 outgrown.gaps.pipe NR33 8HU 07914 057678		
	Donation includes drink: £2.50. Lunch will also be available to have a		
	donation required if having lunch). Registered assistance dogs only p		
Sun 12 Mar	Saxlingham and Shotesham ①	X 237 - 10 Miles	
10:30 am	Meet Emma at Saxlingham Nethergate, Playing Field, Church Hill		
	TM 23347 96915 noodle.overlooks.micro NR15 1TE 07550 07856		
	Bring your own picnic lunch. Registered assistance dogs only please.		
Wed 15 Mar		X 231 - 5 Miles	
10:30 am	Meet Alison at Blythburgh, Holy Trinity, Church Lane		
	TM 45089 75236 curly.tried.jugs IP19 9LP 01502 723988 07729 47	<b>'</b> 2424	
	Registered assistance dogs only please.		
Sun 19 Mar	Leader Needed ①		
10:30 am	Meet TBC at To Be Confirmed,		
	Registered assistance dogs only please.		
	Iken area ①	X 212 - 5.5 Miles	
10:30 am	Meet Tony at Iken Cliff, Car Park	<b>-</b> 000 <b>-</b> 40400	
	TM 40011 56255 hazy.superhero.perky IP12 2EN 01986 875694 0	7836 719163	
	Registered assistance dogs only please.	01 10 5 0 0 0 0	
Sun 26 Mar	,	OL 40 - 5.2 Miles	
10:30 am	Meet Grant at Mettingham Lay-by, B1062, 500 metres east of the Tall	•	
	TM 36438 90031 commander.flipper.tanked NR35 1TL 07743 0926	850	
,	Registered assistance dogs only please.		

Wad 29 Mar	Southwold Circular ①	X 231 - 5 Miles
10:30 am	Meet Paul at Southwold Common, near Water Towers, York Road	A 201 - 0 Milles
10.00 am	TM 50305 76280 rooftop.toads.certified IP18 6AN 01502 581058	07896 338904
	Registered assistance dogs only please.	07000 000004
Sun 2 Apr	Leader Needed ①	
10:30 am	Meet TBC at To Be Confirmed,	
10.30 aiii	Meet TBC at 10 be Committed,	
	Registered assistance dogs only please.	
Wed 5 Apr	Walblerswick (i)	X 231 - 5 Miles
10:00 am	Meet Martin at Southwold Harbour Inn, Black Shore	71 = 01 0 1111100
	TM 49652 75532 copy.bottle.scornful IP18 6TA 07912 504600	
	Registered assistance dogs only please.	
Sun 9 Apr	Leader Needed ①	
10:30 am	Meet TBC at To Be Confirmed,	
10100 4111	most 150 at 10 50 commos,	
	Registered assistance dogs only please.	
Wed 12 Apr		OL 40 - 5.5 Miles
10:30 am	Meet Roger at Rockland St Mary, Staithe, New Inn Hill	
	TG 32781 04649 survive.broth.glitter NR14 7HP 01502 717353 0	7724 685347
	Registered assistance dogs only please.	
Thu 13 Apr	Committee Meeting (i)	
19:00 pm	Meet Margaret at Margaret's House,	
	07914 057678	
Sun 16 Apr	Hales ①	OL 40 - 5.2 Miles
10:30 am	Meet Grant at Stockton Lay-by, off A146 - there is NO STONE in this	
	TM 37976 95429 earplugs.boom.nags NR14 6QN 07743 092850	3 3
	Registered assistance dogs only please.	
Wed 19 Apr	<u> </u>	OL 40 - 5 Miles
10:30 am	Meet Paul at Ditchingham, Green Lane, (not the village hall)	
10:30 am	Meet Paul at Ditchingham, Green Lane, (not the village hall) TM 34205 91171 dribble.brotherly.package NR35 2RA 01502 581	058 07896 338904
10:30 am		058 07896 338904
10:30 am Sun 23 Apr	TM 34205 91171 dribble.brotherly.package NR35 2RA 01502 581 Registered assistance dogs only please.	
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Sun 23 Apr	TM 34205 91171 dribble.brotherly.package NR35 2RA 01502 581 Registered assistance dogs only please.  Hoxne and Wingfield ①	058 07896 338904 <b>X 230 - 11 Miles</b>
Sun 23 Apr	TM 34205 91171 dribble.brotherly.package NR35 2RA 01502 581 Registered assistance dogs only please.  Hoxne and Wingfield ①  Meet Debbie at Hoxne, Saint Peter and Saint Paul, Green Street TM 18140 77501 poster.likening.press IP21 5AT 07905 948884	X 230 - 11 Miles
Sun 23 Apr 10:00 am	TM 34205 91171 dribble.brotherly.package NR35 2RA 01502 581 Registered assistance dogs only please.  Hoxne and Wingfield ①  Meet Debbie at Hoxne, Saint Peter and Saint Paul, Green Street TM 18140 77501 poster.likening.press IP21 5AT 07905 948884 Please bring your own picnic lunch. Registered assistance dogs only	<b>X 230 - 11 Miles</b> y please.
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# Sat 13 May Suffolk Walking Festival ①

Festival Website Festival on Facebook

Ends: Sunday 28th May 2023

Sun 14 May Alburgh Trees, Greens and Streams ① X 230, 231 - 10.0 Miles 10:00 am Meet Jane at Harleston, Bullock Fair, East of England Co-op

TM 24453 83475 doll.prancing.energy IP20 9AT 07881 405784

Please bring your own picnic lunch. Registered assistance dogs only please.

Wed 17 May St James and St Cross ① X 230, 231 - 5 Miles 10:30 am Meet Paul at Saint James, South Elmham, Village Hall, Saint James Lane

TM 31990 81042 stiletto.minute.hike IP19 0HS 01502 581058 07896 338904

Registered assistance dogs only please.

Sun 21 May Stockton Stone ① OL 40 - 10.5 Miles

**10:00 am** Meet Debbie at Stockton, Stone Lay-By, off A146 - look for the small standing stone.

TM 38624 94723 venues.against.exotic NR14 6QN 07905 948884

Please bring your own picnic lunch. Registered assistance dogs only please.

Westhall ① X 231 - 5.5 Miles

Wed 24 May Westhall (i)

10:30 am Meet Tony at Westhall, Racehorse, Wangford Rd, Mill Common

TM 40843 81745 foggy.shuttle.bridges IP19 8RQ 01986 875694 07836 719163 Park at the pub, if you are dining there or the village hall if not. Registered assistance

dogs only. More

Sun 28 May Rockland Saint Mary (i) OL 40 - 10 Miles

10:00 am Meet Graham at Rockland St Mary, Staithe, New Inn Hill

TG 32781 04649 survive.broth.glitter NR14 7HP 07986 184716

Please bring your own picnic lunch. Registered assistance dogs only please.

Wed 31 May Hemphall ① X 237. OL 40 - 5.5 Miles

10:30 am Meet Roger at Hemphall, Village Hall, Bungay Road

TM 24339 94225 clubbing.minivans.sweep NR15 2NG 01502 717353 07724

685347

Registered assistance dogs only please.

Sun 4 Jun Leader Needed (1)

**10:30 am** Meet TBC at To Be Confirmed,

Registered assistance dogs only please.

Wed 7 Jun Leader Needed ①

**10:30 am** Meet TBC at To Be Confirmed,

Registered assistance dogs only please.

Sun 11 Jun Aldeburgh (in X 212 - 10 Miles 10:00 am Meet Graham at Leiston, Leisure Centre, Red House Lane

The following control of the control

TM 45108 62004 mailboxes.gradually.engulfing IP16 4LS 07986 184716 Please bring your own picnic lunch. Registered assistance dogs only please.

Wed 14 Jun Gillingham River Walk ① X 231, OL 40 - 5 Miles 10:30 am Meet Peter (C) at Gillingham, Swan, Loddon Rd, Park next to fence / field

TM 41263 91606 tensions.town.thudding NR34 0LD 07974 782061

Please pre-book lunch with walk leader. Registered assistance dogs only please.

Sun 18 Jun Leader Needed (1)

**10:30 am** Meet TBC at To Be Confirmed.

Registered assistance dogs only please.

Wed 21 Jun Oulton Broad Lake Lothing Carlton Marshes (1) OL 40 - 5 Miles

**10:30 am** Meet Paul at Lowestoft, Normanston Park, Peto Way

TM 53142 93386 they.manage.lunch NR32 2QB 01502 581058 07896 338904

Registered assistance dogs only please.

Sun 25 Jun
10:00 am
Meet Debbie at Huntingfield, Hub, Near the Huntingfield Arms
TM 34206 73818 nanny.noodle.snuggled IP19 0PU 07905 948884
Please bring your own picnic lunch. Registered assistance dogs only please.

Wed 28 Jun
Stockton ①

CL 40 - 5 Miles

Wed 28 Jun Stockton ① OL 40 - 5 Miles

10:30 am Meet Grant at Stockton, Stone Lay-By, off A146 - look for the small standing stone.

TM 38624 94723 venues.against.exotic NR14 6QN 07743 092850

Please car-share if possible Limited parking Registered assistance dogs only please.

Wed 19 Jul Ringsfield to Redisham ()

X 231 - 6 Miles

10:00 am Meet Peter (C) at Ringsfield, Village Hall, (Donation), Ringsfield Corner, Church Road TM 40893 87347 goose.tragedy.dips NR34 8NT 07974 782061

Registered assistance dogs only please.

Fri 15 Sep 10:00 am North Norfolk (1)

Meet Neil at North West Norfolk Area,

TF 75496 29489 exotic.consonant.shallower 01986 893023 07411 811093

September 2023 - Confirmed - It's on!

Book your own accommodation or make day visits. If we get fine weather, swimwear might be wanted.

10 am Starts

Please check this programme before setting out. For safety, we may swap walk dates if the weather is bad or there are other local problems.

Please check the safety advice for each walk.

September	Walk	Number	Miles
Sat 16	Holkham and Wells	1	6
Sun 17	Great Massingham	2	8
Mon 18	Sandringham Woods	3	6.2
Tue 19	Holkham Estate	4	8
Wed 20	Burnham Overy Staithe	5	9
Thu 21	Castle Acre	6	7.5
Fri 22	Dersingham and Snettisham	7	8.6
Sat 23	Hunstanton	8	7
Sun 24	Great Ouse and Nar	9	8

Local Norfolk ramblers are invited to join these walks!

Sat 16 Sep 10:00 am Holkham and Wells (i)

X 250, 251 - 6 Miles

Meet Neil at Holkham, Park Rd, Near the gates of the hall

TF 89155 43677 glitter.flippers.cyber NR23 1RG 01986 893023 07411 811093 Bring your own picnic lunch. The tide will be going out so safe sand flat walking will be possible. Registered assistance dogs only please.

Sun 17 Sep 10:00 am

**Great Massingham (1)** 

X 250 - 8 Miles

Meet Neil at Great Massingham, Saint Mary, Station Road

TF 79844 22955 prowl.kept.spindles PE32 2HX 01986 893023 07411 811093 Bring your own picnic lunch. This includes a very short leg along the Peddars' Way.

Registered assistance dogs only please.

26/02/2023, 09:43 Waveney Ramblers Mon 18 Sep Sandringham Woods ① X 250 - 6.2 Miles 10:00 am Meet Neil at Sandringham, N.E. Car Park, 7 pounds all day TF 68930 28867 assure.handfuls.tedious PE35 6EH 01986 893023 07411 811093 Bring your own picnic lunch. Shorter versions are possible. 5 or 4 miles. Local attractions: Sandringham house. Wolferton railway station. Registered assistance dogs only please. Tue 19 Sep Holkham Estate (i) X 250, 251 - 8 Miles 10:00 am Meet Neil at Holkham, Park Rd, Near the gates of the hall TF 89155 43677 glitter.flippers.cyber NR23 1RG 01986 893023 07411 811093 Bring your own picnic lunch. We'll walk round a recommended route published by the Holkham Estate. Registered assistance dogs only please. Wed 20 Sep **Burnham Overy Staithe** ① X 250 - 9 Miles 10:00 am Meet Neil at Burnham Overy Staithe, East Harbour Way TF 84539 44381 quack.muted.pointed PE31 8JF 01986 893023 07411 811093 Bring your own picnic lunch. High tide will be at about 10:30 so car park flooding is less likely. A shorter dry return route is available. Or if the tide is low enough, we can return, wading the creeks and braving the mud. Consider wearing sacrificial footwear and shorts or hitchable skirts. There are knee deep wades. Historically the beach nearer Holkham was for nudists. The current status is unknown. My recent visits have been cold and sandblasting windy. Registered assistance dogs only please. Thu 21 Sep X 250 - 7.5 Miles Castle Acre (i) 10:00 am Meet Neil at Castle Acre, The Castle Car Park, Pye's Lane TF 81987 15229 rock.uttering.boards PE32 2AJ 01986 893023 07411 811093 Bring your own picnic lunch. The castle car park is small, perhaps ten cars. There is street parking and a short walk to the castle. And there is paid parking at the Priory with a longer walk to the castle. Arrive a bit early to allow time to get to the start point. Registered assistance dogs only please. Fri 22 Sep Dersingham and Snettisham (1) X 250 - 8.6 Miles Meet Neil at Snettisham Beach, Beach Road, £4, Coins Only! 10:00 am TF 64764 33515 wired.known.sticking PE31 7PS 01986 893023 07411 811093 Bring your own picnic lunch. Expect a watermill and a disused railway station. Registered assistance dogs only please. X 250 - 7 Miles Sat 23 Sep Hunstanton (1) 10:00 am Meet Neil at Hunstanton Chapel Ruin, Cliff Parade, free street parking or PnD TF 67593 41970 indirect.motivator.siesta PE36 6EJ 01986 893023 07411 811093 Bring your own picnic lunch. We'll do the beach leg and Hunstanton Cliffs in the morning while the tide is out. Expect shallow creek wades and beach walking. Perhaps a few metres barefoot. There is some soft sand but mostly harder ground can be found. If the weather is bad, a shorter version is available at 6.4 miles. Registered

assistance dogs only please.

Sun 24 Sep 10:00 am

Great Ouse and Nar ①

X 250 - 8 Miles

Meet Neil at Kings Lynn, NCP, Church Street, £6.50 TF 61841 19792 caring.closes.cuts PE30 5EB 01986 893023 07411 811093 Bring your own picnic lunch. Our route was blocked so we followed the nearest

reasonable alternative. Registered assistance dogs only please.

Wed 27 Sep 10:30 am

Ilketshall St Andrew to Becks Green (i)

X 231 - 5.2 Miles

Meet Peter (C) at Ilketshall St Andrews, Village Hall, School Rd TM 37816 86977 smuggled.puns.broadcast NR34 8JA 07974 782061

Donation Please Registered assistance dogs only please.

#### Internet Links

Home page: https://waveneyramblers.org.uk/

Programme: https://waveneyramblers.org.uk/programme

Rural Ramble Guides: https://waveneyramblers.org.uk/rural\_rambles

Photos and Tracklogs: https://waveneyramblers.org.uk/history The Committee: https://waveneyramblers.org.uk/contact

The Ramblers' Association: https://ramblers.org.uk/

Facebook: https://facebook.com/groups/WaveneyRamblers

## **Coronavirus Restrictions**

We will follow Government and Ramblers' advice.

Keep up with the latest changes - https://waveneyramblers.org.uk

## Join Ramblers

https://ramblers.org.uk

#### No Internet?

Please ask a friend or family member who has access to keep up with the latest news.

#### **New Walkers**

If you are a new walker with the group, please wear suitable clothing and footwear for the weather and the area in which you will be walking; if in doubt, contact the leader for advice. We want you to enjoy walking with us and you would do well to be comfortable while doing so. Bring a drink, especially in warmer weather, and some food, as we usually have a short 'apple' stop and, on longer walks, a 'picnic lunch' where stated.

#### **Fitness and Walk Grades**

Waveney Ramblers leads walks at a moderate and brisk pace.

If we get volunteers, we'd like to lead slower and perhaps even faster walks.

## Wednesday Shorter Walks - Moderate

A typical walk is five miles and takes about two hours. That's 2.5 mph overall average and 2.8 mph while on the move. The group stops for a brief snack about half-way round the walk. Covid permitting, some of the Wednesday walkers have a pub lunch after the walk.

## **Sundays and Longer Walks - Brisk**

A typical walk is ten miles. Our moving average pace is 3 mph, sometimes a bit more on easy terrain. The walk is completed in under four hours. We have a picnic lunch, rushed if it's cold and wet, more leisurely in fine summer weather.

# Leisurely, Speedy and Doggy Volunteers Needed

There are always people who would like to go slower or faster. We'd love to increase our range and variety of walks but we rely on volunteers. If you are speedy or leisurely, please consider leading a walk. We have twelve "Rural Rambles" PDF booklets describing walks in our region. Following one of these should be easier than planning one from scratch. Dog friendly walks would be welcome if we get volunteers to lead these. We had "Prambles" but the toddlers grew up.

#### **Rural Rambles Booklets**

https://waveneyramblers.org.uk/rural rambles

#### SPECIAL EVENTS IN THIS PROGRAMME

September - North Norfolk Group Holiday

November - AGM - Committee volunteers needed please.

# **Navigate to the Start Point**

Postcodes are notorious for their inaccuracy! Avoid if you have the choice.

OS Explorer map numbers are shown before the walk milage.

Click the grid reference to launch Google Maps to navigate to the start point.

what3words locations are accurate to a 3x3 metre square. Click to see the start point.

# **Footpath Problems**

Please report footpath problems to Suffolk County Council:

Website: https://highwaysreporting.suffolk.gov.uk/?type=100&subtype=10010

You will be given a reference number. Please keep this until the problem is solved. If you have any queries with either of these methods or need help, please contact Robert Newell, Waveney Ramblers' Footpath Secretary: waveneyfootpath@gmail.com

For problems in Norfolk, go to: https://apps.norfolk.gov.uk/HighwaysDefect/ and follow the instructions.

# **Useful Group Contacts**

The Committee: https://waveneyramblers.org.uk/contact

## The Ramblers

The Ramblers is a registered charity (England & Wales no. 1093577, Scotland no. SC039799) and a company limited by guarantee, registered in England & Wales (no. 4458492). Registered office: 1 Clink Street, 3rd Floor, London SE1 9DG.